



Rotary Club of The Himalayan Gurkhas

RI DIST 3292



Souvenir



September - 2008

6th Anniversary

NO HASSLE



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Dedicated to all Past and Present Members for their selfless Devotion.

**Rtn Major Lilbahadur Gurung MBE
Club Secretary
&
The Editor
6th Anniversary Club Magazine**





विजया दशमी तथा दिपावली २०६५

को शुखद उपलक्ष्यमा हार्दिक मंगलमय
शुभकामना व्यक्त गर्दछु ।

Major Kishansing Gurung

Executive Chairman

Mob: 9841202459



**Royal Gurkha Multipurpose
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विजया दशमी तथा दिपावली २०६५

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Prakash K.C.



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विजया दशमी तथा दिपावली

२०६५ को शुखद उपलक्ष्यमा
हार्दिक मंगलमय शुभकामना
व्यक्त गर्दछु ।



थमन गुरुङ

प्रबन्ध निर्देशक

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विजया दशमी तथा दिपावली

२०६५ को शुखद उपलक्ष्यमा
हार्दिक मंगलमय शुभकामना
व्यक्त गर्दछु ।

दिलमान गुरुङ

प्रबन्ध निर्देशक

गौतम बुद्ध हाउजिङ्ग क.प्रा.लि.

महाराजगञ्ज, चक्रपथ चोक

घर जग्गा खरिद विक्री

पोष्ट बक्स नं. ५९४२, फोन नं. ४३९२३००,

फ्याक्स: ४३७३६५२, मोबाइल नं. ९८५१०५०२४९





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 - b. *Aasha Deep Mentally Disabled rehab centre, Jorpati, Kathmandu 12 Mar 07*
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 - d. Fun day at SIRC Jorpati, Kathmandu 24 Sep 07
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 - m. Water and sanitation in school in Rolpa Nov 07- May 08
 - n. *Rampur Secondary School at Chitwan gets Computers Dec 07- May 08*
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Rtn Major Gopal

Rtn Major KS
Rtn Major KS
Rtn Major Bhim
Rtn Major Yam

Rtn Major KS

Rtn Major Yam
Rtn NB
Rtn Major Yam

Rtn Major LB
Major Hitman Gurung
Rtn NB
Rtn Major Yam



विजया दशमी तथा दिपावली २०६५ को
शुखद उपलक्ष्यमा हार्दिक मंगलमय
शुभकामना व्यक्त गर्दछु ।

Yubraj Gurung
Managing Director



Bhat-Bhateni International Pvt. Ltd.

Cha-1-580, Bhat-Bhateni, Kathmandu, Nepal
P.O.Box No: 320, Fax: 00977-1-4443603
Phone: 4443604/05, Mobile: 9851047649

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शुभकामना व्यक्त गर्दछु ।

Golman Gurung
Managing Director



Deurali Travel

Head Office:

Bag Durbar, Sundhara, Kathmandu
P.O.Box No: 13268,
Phone No: 4-22-55-44 Hunting Line
4253308, 4244166, 4227904

Branch Office:

Prithvi Chowk, Pokhara, Nepal
Phone No: 061-536295, 523365,
534752



Rotary International District 3292

Dr. Tikaman Vaidya

District Governor 2008-2009



District Governor's Message

September 22, 2008

"Make Dream real"

"Let noble thoughts come to us from every side" - Rogveda

Dear Rtn. Yam Bahadur,

I am glad to know that your Club is publishing a Souvenir on the happy occasion of Anniversary of the Club.

I still remember the interesting afternoon and the evening. I spent during my visit to your Club. I, once again would like to share with you the Theme of the year "**Make Dreams Real**" and the challenge given by the Rotary International President Rtn. D. K. Lee to us. We shall have to work on a concerted way to realise his dream and also our dream of reducing the Child Mortality rate below the age 5 across the globe.

We shall have to work to provide clean drinking water, scholarship to girl children, improving sanitation, to provide vaccines and vitamins and above all hope for the better future.

The Rotarians of your Club will also be working to help in achieving our district targets in Membership Growth, contribution to The Rotary Foundation and many other targets.

I wish a great success and blissful year 2008-2009.

Enjoy Rotary,

Your - in Rotary,

Dr. Tikaman Vaidya





विजया दशमी तथा दिपावली २०६५ को

शुखद उपलक्ष्यमा हार्दिक मंगलमय

शुभकामना व्यक्त गर्दछु ।

**Govinda Bdr. Shresth
Chairman**



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विजया दशमी तथा दिपावली २०६५ को

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शुभकामना व्यक्त गर्दछौं ।

**Maj Dipak Bahadur Gurung MVO
Chairman**



**Mr. Basudev Bhandari
Managing Director**

Lonely Planet International Pvt. Ltd.

Sundhara, Kathmandu, Nepal, P. O. Box: 20677,

Fax: 00977-1-4231405, Phone: 977-1-4221684,

E-mail: mountains@mos.com.np, Web: www.mountainsecurityguard.com





Rotary International District 3292

Dr. Ok Malla
AG 2008-2009

Message



Rtn Dr OK Malla
AG Zone 1

I am mighty glad to learn that RC The Himalayan Gurkhas is coming out with a club magazine on it's Anniversary Day in September.

As AG, I have visited the Club on several occasions and have found in the members, true Rotary spirit. The Club has always been ready to serve the community. As I understand, they have many service projects underway, both inside and outside Kathmandu valley. In all avenues of service the Club is doing a great job and is already heading to an effective Rotary Club.

I wish the Club wonderful time on the Anniversary day.

YIR,
Rtn Dr OK Malla
Prague
AG Zone 1



Tel: +977-1-4366390, Fax: +977-1-4384138, E-mail: dhaulagiri@houseing@yahoo.com

G.P.O. Box No: 12231, Gongabu Chowk, Kathmandu, Nepal

१३. संसारको कुनै पनि ठाउँबाट पठाएको रकम Western Union माध्यमबाट छिटो र सरपचा रूपमा उपलब्ध गराइने ।
१२. आफू संसारको कुनै ठाउँमा रहेपनि गगरीकता प्रमाण-पत्रको आधारमा घर, जग्गा खरिद विक्रि गरिने ।
११. नेपाल अधिराज्यको कुनैपनि ठाउँमा सडक निर्माण, कालो पत्र गर्ने, आधुनिक डिजाइनका पुल, ढल, आदि निर्माण गरिने ।
१०. बेनी, पोखरा, बिजवन र बुटवलमा भएको घर तथा जग्गाहरू सँगै काठमाडौँको घर तथा जग्गाहरू सहै पठा गरिने ।
९. काठमाडौँ उपत्यकाको कुनै पनि ठाउँको जग्गा तथा घरहरू खरिद विक्रि गरिने ।
८. Flat System मा सुविधा सम्पन्न आधुनिक डिजाइनका घरहरू उपलब्ध गरिने ।
७. जग्गाहरू खरिद गरी Ploting & Planing साथै बाटो फिच, ढल, पानी, बिजलीको सुविधा गराई विक्रि गरिने ।
६. किस्ताबन्दीमा डबल अगुसारेका घर, भवन, जग्गाहरू उपलब्ध गरिने ।
५. प्राप्ति, संस्था, कम्पनी आदिको नाममा रहेका जग्गाहरूमा कम्पनीले निजहरूकै लगानीमा भवन तथा कार्यालयहरू निर्माण गरिने ।
४. प्राप्ति, संस्था, कम्पनीको नाममा जग्गाको कम्पनीले आफ्नो लगानीमा घर, भवनहरू तथा कार्यालयहरू निर्माण गरी भाडामा दिने ।
३. ग्राहकको डबल अगुसारे कम्पनीले ग्राहककै लगानी र जग्गामा डबल र डिजाइन अनुसारको घर तथा भवनहरू निर्माण गरिने ।
२. ग्राहकको डबल अगुसारे कम्पनीको नाममा रहेका जग्गाहरूमा कम्पनीकै लगानीमा घर तथा भवनहरू निर्माण गरिने ।
१. आधुनिक डिजाइनका आवासिय घरहरू, उद्योग, कलकारखाना, अस्पताल, स्कूल, विश्वविद्यालय अस्ता भवनहरू निर्माण गरिने ।

हाम्रा सेवा तथा उद्देश्यहरू:

डौलागिरी हाउसिङ्ग डेवलपमेन्ट कम्पनी प्रा.लि.



अन्य महिना १०-५ बजे

कार्यालय खुल्ने समय: कार्तिक १६ देखि माघ १५ सम्म १०-४ बजे

भूतपर्व बिटिस गोर्खाली समूह तथा परिवारबाट सञ्चालित

श्रीमती कोशिला गुरुङ

श्री कर्ण बहादुर रोका

श्री मोती प्रसाद आले

श्री कृष्ण बहादुर राना

सदस्यहरू:

सचिव: श्री कृष्ण बहादुर गुरुङ

अध्यक्ष श्री कृष्णराज (क.वी) गुरुङ

संचालक समितिका सदस्यहरू

कार्यामा दिन

दैनिक निवेष्टमा दिन

भूतपर्व बचतमा दिन



निवेष्टी बचत तथा गण सडकरी संस्था लिमिटेड

महिना	प्रतिशत	वर्ष	प्रतिशत
३	८	२	१२
४	९	३	१३
५	१०	४	१४
६	११	५	१५

ब्याज - दर



Club President Message

Rtn Major Yam Bahadur Gurung

President 2007-08 and 2008-09.

Dear Fellow Rotarians,

It seems only yesterday when we got together at Hotel Karnali at Chakrapat on 7th Dec 2002 at 2pm and conducted our meeting. It is also interesting to note that amongst the 35 people present, the DG Rtn Dr Tikaman Vaidya and the current District Trainer, Rtn Dilendra Raj Sharma were there. Rtn Major Gopal Bahadur Gurung MBE was then the first President of the club with Rtn Major Kishansing Gurung as the Secretary. Major Gopal Dai then went on to be President for 3 years while Major Kishan stayed as Secretary for 4 years. For their dedication in Rotary work, we are most grateful to them when they stood up for the club at a time when we were just learning.

Then on 23rd Jan 04 we held the Charter Night at Radisson Hotel. The Chief Guest was the British Ambassador. It appears that though on record the chartered date is 10th Sep 03, the Charter Night was postponed later to Jan because the DG could not attend.

So 6 years later, although the growing membership of 27 looks attractive, we continue to have majority of the members with military background particularly from British Gurkhas. We are keen to attract non-military members and have had some success. We have members operating travel agents to garment business. Our ex-military Rotarians themselves having left the Army a few years ago have gone into interesting business too who are a source for initiatives to hold events and conduct projects.

In the past two years as we succeeded in contacting Rotary Clubs both in Nepal and overseas, we have managed to do over 17 projects with their financial assistance to help those in need. Members also appear to be attracted mainly if we did more projects and we will concentrate on those. We currently have a number of projects lined up for the next 12 months and most are outside Kathmandu as our members who initiated them come from Kaski, Parbat, Lamjung and Syangja districts. So any overseas Rotarians can contact me or Rtn Bhim Bahadur Gurung MVO MBE if they are interested to do a joint project with the club. With so many ex-military officers in the club, we have a never-ending list of volunteers who can conduct and supervise the projects with military precision. May I single out Rtn Major Bhim Bahadur Gurung, IPP who has taken on a lot of the projects and monitors them meticulously by giving a lot of his time. For this we are ever grateful to him and thank him.

We also managed to go on a family trip to Tibet which was wonderful. Despite the initial problem with high altitude which thankfully only a few suffered, the travel was unforgettable. We saw the success side of tourism in Lhasa and also the plight of the poor Tibetans whom we met along the top class highway all the way to Nepal. We hope to arrange another family to another country trip soon.

As we come to the 6th year since we first formed, we are now more experienced and knowledgeable about being a Rotarian and have good relationship with key persons of RI District. We must continue to volunteer to help the poor and the needy which is the reason why we joined the Rotary Club. Let us pray that we can achieve these objectives.

My best wishes to all our members and Rotarians who have helped us in our projects.





CLUB WON TWO AWARDS AT THE DISTRICT 2008 AWARDS CEREMONY



**1 st in Water
Management Projects
Also won Annual
Trophy presented by
RC Budhanilkantha.**

**2 nd in Disaster
Relief Projects**





DISTRICT GOVERNOR'S CITATION

2007-08

R.I. District 3290

This citation is awarded to

Rotary Club of Himalayan Gurkhas
for outstanding performance in

all the four avenues of service
to achieve it's goal thereby demonstrating

Rotary Shares



Anirudha Roy Chowdhury
District Governor
15th June 2008
KOLKATA

ROTARY SHARES

ROTARY SHARES

Awarded to the Rotary Club of

THE HIMALAYAN GURKHAS

For demonstrating how *Rotary Shares* its talents, skills, energy,
and resources in order to create a better world

Anirudha Chowdhury
District Governor

Wilf. Wilkinson
Wilfrid J. (Wilf) Wilkinson
President, Rotary International

2007-08
Presented
Wilfrid J. Wilkinson

PRESIDENTIAL CITATION



SERVICE ABOVE SELF

HE PROFITS MOST WHO SERVES BEST

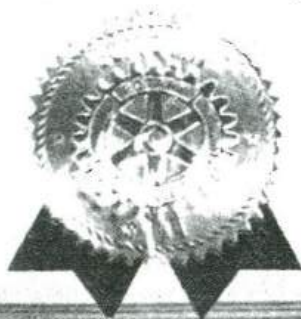
This Certifies that the Rotary Club of
The Himalayan Gurkhas, Kathmandu, Nepal

having been duly organized and having agreed, through its officers and members, to be bound by the Constitution and By-Laws of Rotary International, which agreement is evidenced by the acceptance of this certificate, is now a duly admitted member of

Rotary International

and is entitled to all the rights and privileges of such membership.

In witness whereof the seal of Rotary International is hereto affixed and the signatures of its officers, being duly authorized, are subscribed hereto this tenth day of September 2005



Admission to membership in Rotary International recommended by

District Governor

President, Rotary International



BOARD OF DIRECTORS



President

Rotarian Major Yam Bahadur Gurung PHF

E-mail: majyam@mos.com.np



Vice President

Rtn Maj KS Gurung PHF

Also Director Public Relatio

E-mail: ksgurang704@gmail.com



Immediate Past President

Rtn Maj BB Gurung MVO MBE PHF

Also Director Service Projects

Email: ggghotane@gmail.com



Secretary

Rtn Major LB Gurung MBE PHF

Also Director Club Administration

E-mail: larbb@hotmail.com



Rtn Thaman Gurung

Director Club Membership

E-mail: th_amans@yahoo.com



Rtn CI Nanda Gurung PHF

Director Rotary Foundation

E-mail: nandagurung4912@yahoo.com





RC THE HIMALAYAN GURKHAS MEMBER'S DIRECTORY



Rtn Maj Gopal Bahadur Gurung
MBE PHF
Designation: Charter President
Spouse: Hem Kumari
Email: gbgurung@wlink.com.np



Rtn Ang Tsering Sherpa
Designation: Member
Spouse: Chandra
Email: md@yetiair.wlink.com.np



Rtn Maj Bejoy Moktan PHF
Designation: Past President
Spouse: Kalyani
Email: bejoy@wlink.com.np



Rtn. Capt As Bahadur Gurung
Designation: Member
Spouse: Bina
Tel: 9855058403



Rtn Lt Dev Bahadur Gurung PHF
Designation: Sgt at Arms
Spouse: Lalita
Tel: 9841200699



Rtn Bhakta Bahadur Gurung
Designation: Member
Spouse: G. Kumari
Tel: 9841337040



Rtn Basu Dev Bhandari PHF
Designation: Joint Secretary
Spouse: UM
Email: mountains@mos.com.np



Rtn Dilman Gurung
Designation: Member
Spouse: Mina
Email: dilpakhrin8@wlink.com.np



Rtn Shambhu Raj Gurung PHF
Designation: Treasurer
Spouse: Bina
Tel: 9741116102,
9851044513



Rtn Major Dipak Bahadur Gurung MVO
Designation: Member
Spouse: K Laxmi
Email: majordipakgurung@yahoo.com





Rotary club of The Himalayan Gurkhas



Rtn Garja Bahadur Gurung PHF
Designation: Member
Spouse: Mankumari
Tel: 9851034342
E-mail: national12@hotmail.com



Rtn Golman Gurung
Designation: Member
Spouse: Kansimaya
Email: deurali@golman.wlink.com.np



Rtn Govinda Bahadur Shrestha
Designation: Member
Spouse: Kamala
Email: srsthgb2001@yahoo.com



Rtn Capt Khusiman Gurung
Designation: Member
Spouse: R Kumari
Tel: 01-4721051



Rtn Kummar Raj Gurung
Designation: Member
Spouse: Dilmaya
Email: miteri@wlink.com.np



Rtn Lt Col Lal Bahadur Pun OBE MC
Designation: Member
Spouse: Sara
Tel: 01-4432830



Rtn Brig Gen Lilli Jang Gurung
Designation: Member
Email: ljgrg704@yahoo.com



Rtn Maj Milan Chandra Gurung PHF
Designation: Member
Spouse: Margaret
Email: milan974@hotmail.com



Maj. Ram Prasad Gurung
Designation: Member
Spouse: Gyanu
Email: ramp@bharat.wlink.com.np



Rtn Tham Bahadur Chhantel
Designation: Member
Spouse: Sumila
Email: chhantel_tham@hotmail.com



Rtn Yubaraj Gurung PHF
Designation: Member
Spouse: Haridevi
Email: bbi@mail.com.np



Rtn Joan Timmins
Designation: Honorary Member
Spouse: NA
Email: mreaght@aol.com





HOW IT ALL BEGAN

By

Charter President Rtn Major Gopal Bahadur Gurung MBE PHF

Soon after I retired from the Gurkha Reserve Unit I was approached by Captain Asbahadur Gurung with the idea of forming a Rotary Club which would consist of mostly retired officers and men from the Brigade of Gurkhas. I pondered over the idea for some time and eventually thought this to be a good idea as we would be a disciplined and dedicated force and encouraged Captain Asbahadur to move ahead with the idea.

I had the privilege of serving together with this able and thoroughly reliable officer during my time in the Army and trusted him in every way. Additionally after his retirement, which was several years before me, he joined the rotary club of Mount Everest and became very much aware of what a rotary club can do for the needy and under privileged people. Our roots, despite where we are living now, lie in the hills and those whom we met and had preliminary discussions with were all very keen to take the services of the club to the villages where help was most needed. This then was the driving force behind the formation of The Rotary Club of The Himalayan Gurkhas.

The very first gathering took place in Captain Asbahadur's house in Chun Devi on 07 Dec 2002 where the potential Rotarians had gathered. After Captain Asbahadur's talk about rotary the gathering was suitably impressed and we decided to go ahead with the idea of forming a rotary club.

The Rotary Club of the Himalayan Gurkhas was registered with District 3290 with the Rotary Club of Kathmandu North as our sponsoring club. Mr. Mingma Sherpa was assigned to us as the Governor's Special Representative. He was to be our guide and mentor for the next two years or until we were chartered. He would, in the days to come, lead us by the hand through the alleyways and the broad streets of The Rotary World.

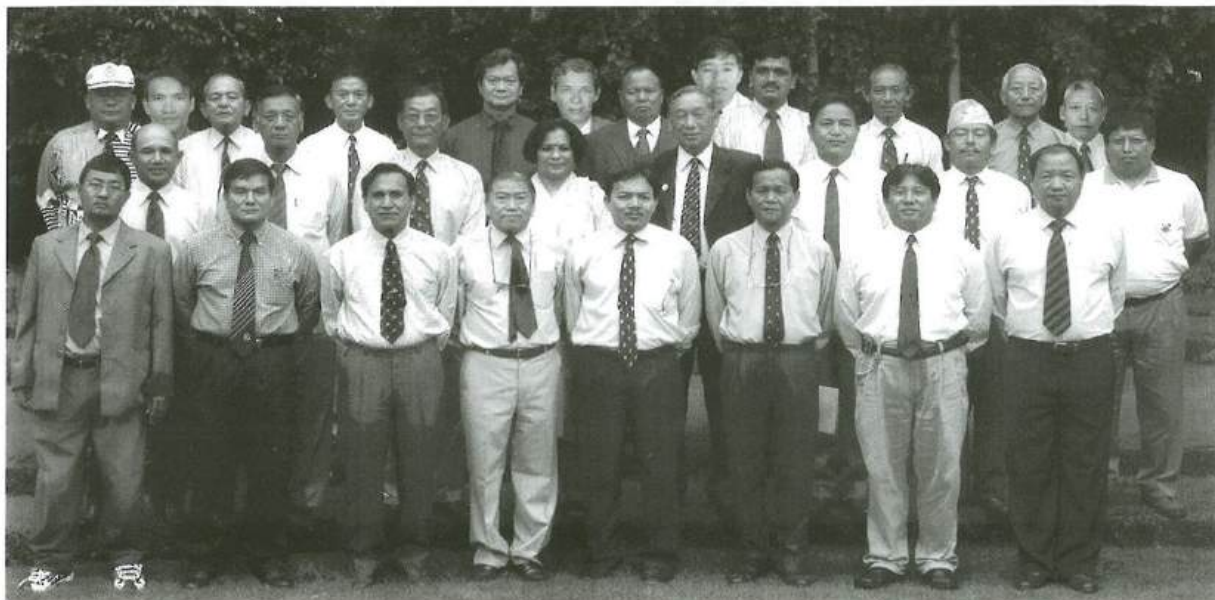
During the early days we held our meetings at Hotel Karnali near Narayan Gopal Chowk under the guidance of The GSR. It was difficult to make the meetings interesting not really knowing the facts and figures of The Rotary World. The attendance was not so enthusiastic to begin with but after a few minor projects under our belts members saw for themselves what could be done to help the needy and our Rotarians began to take interest.

Karnali Hotel did not prove to be a very suitable venue for our weekly meetings and we moved to Hotel Shangri-la in Lazimpat. We got a good deal as the owner was himself a Rotarian and we still continue with our meetings here.

The Club was granted the Charter from 10th September 2003 but the ceremony was held on 23rd January 2004 at Hotel Radisson. The Governor was sadly trapped in Simla due to the almost daily strikes at the time and was officiated by Thomas Manekshaw. We were very happy that he stood in for the Governor as he is a cousin brother of Field Marshal Manekshaw whom I all know and admire. We were honoured to have His Excellency Mr. Keith Bloomfield, The British Ambassador, and his lady for the occasion. The retired Buros from the Brigade of Gurkhas appreciated this very much.

Finally our dreams of helping the needy in our villages still remain strong and this is about to be partially fulfilled by the IPP Major Bimbahadur Gurung whose efforts to get a matching grant to the tune of some 3 million rupees for a village school is about to bear fruit. I am confident that there will be many more projects forthcoming for the needy people of our villages where our roots are still very strong.





Members of RC The Himalayan Gurkhas - 2003



Pennants presented to the club over the years.



INTERNATIONAL SERVICE REPORT

1 Jul 2006 to 30 Jun 2007

By Rtn. Major Kishansing Gurung PHF

The Rotary Club of the Himalayan Gurkhas during the period 1 Jul 2006 to 30 Jun 2007 did not see any substantial fund coming into the club; however the following events are some what promising:

1. Rtns Peter Hesp, JS Hesp and Kae Omstein from RC Holland visited our club on 7 May 07. They came to Nepal on dual purposes: one to see Nepal and the other to establish a networking with Rotary Clubs of Kathmandu area and NGO in order to try and find jobs for the teenagers their organization is training and helping with the studies. They specialize with disabled and orphan children. Our two directors of manpower and security companies have been requested to see if they can offer jobs to these children. Similarly in return the above Rotarians will do their best to find fund for minor projects that are in the pipelines with our club.

2. RI convention was held in Salt Lake City, USA, during 17 – 20 Jun 2007. No member volunteered to attend this convention to explore any possibility of fund that could be available from other Rotary clubs there.

3. On 5 Feb 2007 Rtns Colin James of South Port Link and Bryan Scurfield of Southam Zoo, UK visited our club. Rtn Colin co-ordinates with various fund raising projects worldwide to help the deprived ones in India, Sri Lanka and Nepal while Rtn Bryan runs an NGO on electronic and farming technology in Nepal for the past 12 years to help improve the living standard of the villagers.

4. It is learnt that one Rotarian in Holland wishes to spend some Euro 5000/- on a project in Nepal. The condition is that it should be spent on a project that is physically conspicuous i.e. a construction work such as water taps, library room, toilets etc. Our club has earmarked two schools for the use of this fund if available in the future.

5. Mr Bob Love and his wife from RC Leigh on Sea UK have plans to finance the renovation and upgrading of the Majharthana School in addition to any matching grant that may be granted for this school in the near future. During their visit, they even presented educational materials and letters from children from the UK to the President. Rtn Earnest Marshall, who has already donated Pound 200/- to the club for health project in 2005, is in the process of looking for an overseas partner in his Zone in the UK for the provision of a matching grant for Msajharthana school/Health Post Community centres in Kaski. (Now project as a Matching Grant has started.)





Secretary's Report 2004 - 2006

By Rtn. Major Kishansing Gurung PHF

There had been many minor events but I have focused on the main events as follows:

25 Sep 04. Rotary Walkathon 2004, about 10 kilometres from Patan to Bhaktapur, was participated by a record of 6000 walkers from all Rotary Clubs in the Kathmandu valley and raised more than 2.6 million rupees funded into the endowment fund of "Cancer Uparchar Daan Kosh" for the destitute cancer patients at the Bhaktapur Cancer Hospital. Most members and some of their spouses from RC of the Himalayan Gurkhas also took part in this event. Those who could not take part, volunteered to run a stall of water supply at Thimi check point.

2 Oct 04. A Dental, eye and General medical camp organized by the club at Kathmandu was held successfully. The camp project including provision of medicine and dental equipment was the first charity work initiated by the Vice President Capt Ash Bahadur Gurung with some support from other members. A total of more than 500 patients from Kathmandu valley attended the health camp.

13 Oct 04. RC Himalayan Gurkhas was announced one of the best twenty teams in the Rotary Walkathon 2004 held on 25 Sep 04 for participating and fund raising a sum of Rs 48000/- towards the cancer hospital, Bhaktapur. A memento of congratulation letter was presented to the President Rtn Major Gopal Bahadur Gurung by HRH Crown Prince Paras at Yak and Yeti Hotel.

7 Mar 05. A visit to Rampur Orphanage and Mushahar Tole Malpu Chitwan was very successful. A team of 7 members from the club presented books, clothings and stationeries to the children at Rampur Orphanage and also old clothing, shoes and some cash to the bonded labourers and fishermen at Mushahar Tole.

14 Apr 05. Rtn Major and Mrs Bejoy Moktan participated as our representatives in the Rotary Centennial Everest Expedition 2005 Fellowship held at the altitude of 13000ft hotel Syangboche. They highlighted that the three Rotaractors Moni Mulepati, Kami Sherpa and Prem Dorje Sherpa would hoist Rotary Centennial flag on 10 May on top of Mount Everest. The whole programme of the Rotary Centennial Everest Expedition 2005 included (1) Rotary Fellowship Meeting for the first time at the highest altitude in the Rotary history to coincide with Nepal New Year day (2) Waste Free Everest awareness and (3) Activate "Health Camp" in the region.





27 Jun 05. The club held its meeting as well as carried out a charity work at Charity Nepal, Nepaltar at 1800 hrs. The club presented dry ration, stationeries, blackboard and some furniture worth Rs 13500/- collected from members for this organization. The Charity Nepal is run jointly by Mrs Renuka Dhunji and her husband. There were more than 50 children; most of them were displaced by the Maoist insurgency

19 Sep 05. A Fellowship Dinner Night as District Assembly was held at Hotel Shangri-la. This assembly was jointly organized by the five Rotary Clubs of Zone 1 under the chairmanship of Zone 1 Assistant Governor Rtn Msni Dhoj Joshi. However RC of the Himalayan Gurkhas was involved in the running of the whole function. The function went very well and there were attendants of more than 117 members from all the five clubs. The following new members were also inducted by the DG Rtn Swapan Mukarjee:

- a. Mr Ang Tshering Sherpa - sponsored by Rtn Major Bejoy Moktan
- b. Dr Gopal Chitrakar - sponsored by Rtn Major Bejoy Moktan
- c. Mr Indra Raj Ghale - sponsored by Rtn Garja Bahadur Gurung
- d. Mr Thaman Gurung - sponsored by Rtn Garja Bahadur Gurung

16 Jan 06. The club received a condolence message from Rtn Earnest Marshall on the death of the President Elect and the ill health of Vice President of RC Rayleigh. Also due to advance ages of the majority of this club, RC Rayleigh had to close. Rtn Earnest Marshall, a keen admirer of the Gurkhas in the UK and also being the most sympathetic member to our club felt sad that he would not be able to help as much as he had expected. However he hopes to continue to give what ever support he can from the Mother Club.

7 May 06. An induction ceremony with dinner was held at Nanglo Restaurant. This was the first occasion where both members and their spouses gathered in an informal "get together" and at the same time welcome new members into the club. The following were inducted into our club by the Chartered President Rtn Major Gopal Bahadur Gurung in a simple ceremony of Rotary badges presentation and a few words of advices to them.

- a. Major Nima Wangdi Lama
- b. Major Milan Chandra Gurung

26 Jun 06. The Chartered President Rtn Major Gopal Bahadur Gurung and the Secretary Rtn Major Kishansing Gurung presented a cheque of Rs 8500/- to Mr Chandra Kanta Paudel for the heart operation of his son born with heart defect. This amount is part of the cost for the operation.





President's Annual Report For Year 2006-07

By Rtn Major Bhimbahadur Gurung MVO MBE PHF

- 26 May 06.** PETS/SETS, District Assembly at Park Village. President & Secretary Elec attended
- 27 May 06.** PETS/SETS. 8 New Board members attended.
- 26 Jun 06.** Library Opening 5.30pm at Thapathali. 4 members attended.
- 27 Jun 06.** District Recognition Award at Everest Hotel. 4 members attended.
- 13 July 06.** RC The Himalayan Gurkhas, Balaju and Charumati Joint Installation at 1830hrs at Hotel Shankar. All members with spouse attended.
- 18 Aug 06.** Wheelchairs distributed to Mr Garjabahadur Gurung at Jorpati by President.
- 26 Aug 06.** COTS at Hotel Shahansha. All directors attended
- 28 Aug 06.** District 3290 Governor Rtn Debasish Mitra & Ann Rtn Pia, District Secretary Nepal Rtn Gopal Kakshyapati and Assistant Governor Zone 1 Rtn Dr Anil Shrestha visited the club. All members with their spouses attended at 5pm at Hotel Shangri-La.
- 04 Sep 06.** Guest Speaker: Mr Ramchandra Adhikari on Peace in Nepal. Arranged by Rtn Major Dipak Gurung.
- 12 Sep 06.** Western Region flood relief donation Rs 5,000 was handed over to the Rotary Relief Coordinator at Hotel Malla by the President. Organised by RC Thamel.
- 24 Sep 06.** Fund raising event with weekly meeting was held at Rtn Col LB Pun's residence. All members with spouse attended.
- 25 Oct 06.** Entertained Rtn Bob ex-1/10GR with wife at Kathmandu Kitchen. Eight members with spouse attended.
- 29 Oct 06.** District Stewardship Training seminar at Hotel Shanker. Rtn Brig Gen Lilijung attended.
- 29 Oct 06.** Wheelchairs distribution at Damauli for 5 disabled persons by Rtn Major Yambahadur Gurung
- 02 Nov 06.** Scales / Swales and club pennant presented to the Rtn Bob Love and Pat of RC Leigh – On –Sea, UK when they visited Nepal. A pair was sent to Rtn Ernest Marshall and his wife. The Rotarians were processing Matching Grant for the Majhathana project. (MG authorised in 2007)
- 14 Nov 06.** RC Kathmandu Diabetes Seminar at 1130am. 2 members attended.
- 26 Nov 06.** Nepal-German Inter City Committee (NGICC) Projects seminar at Rotary Hall. President and Secretary attended.
- 04 Dec 06.** At 0700 hrs Micro finance field visit at Satungol/ Puranu Gujeshori area. President and Director Vocational Service participated.
- 13 Jan 07.** Saturday fund raising event held at Dohori Rodi Club at KTM Plaza from 1100 – 1500hrs. Total of 103 members and guests attended and 141 tickets of Rs 600 were sold. Four raffle prizes were drawn: Yeti air ticket, Buddha air ticket, Lunch for two at Hotel Shangri-La and a scarf .
- 20 Jan 07.** Pre PETS at Pokhara. Rtn Major Yam attended.





Rotary club of The Himalayan Gurkhas



- 21 – 22 Feb 07.** Field Meeting No153 at Tatopani. Eight members attended. It was a recce for the probable project at Sunakosi Madhyamik School at Karthali VDC, which is 15km from Barabise town. On the way also visited the VDC Health Post and they requested a movable bed screen in the patient's examination room which the club provided later.
- 5 Mar 07.** Guest speaker: Mr Prabhat Pradhan from Mary Knoll/Asha Deep centre for the mentally retarded. Arranged by Rtn Major Yam.
- 12 Mar 07.** Members visited and organised one day fun and picnic lunch for 70 patients of Mary Knoll/Asha Deep centre for the mentally retarded at Nayapati, past J Jorpati
- 23 Apr 07.** Visited OM SAI CENTER, opposite Golfutar. Handed over furniture and rice for 15 children and 4 staffs.
- 30 Apr 07.** At weekly meeting No164 handed over used clothing to Mr Prabhat Pradhan of Mary Knoll centre for the mentally disabled.
- 7 May 07.** At the weekly meeting No 165 three Rotarians from Holland visited the club and gave them details of 4 projects for possible Matching Grant support.
- 28 May 07.** Weekly meeting No 168 combined with Club Fellowship were held at OASIS restaurant at Basundhara. All members with spouse attended. The Charter President Rtn Major Gopalbahadur Gurung MBE on behalf of the Assistant Governor Zone 1 who was away in Somalia, re-inducted Rtn Lt Col Lalbahadur Pun OBE MC and inducted new member Rtn Major Lilbahadur Gurung MBE.
- 10 Jun 07.** At 1045 hrs by CA 408, 8 club members with spouse totalling 17 left for 10 day-tour to Lhasa. Weekly meeting No 170 was held at White Potala fort in Lhasa and an extra ordinary meeting No 171 held at Mount Everest Base Camp North. The club presented pennants to owner of Hotel Dekhang, to Wind Horse Adventure Marketing Manager, Ms Dolka both at Lhasa and the Nepalese Restaurant (Tashi Dile) at Shigatse on the drive back to Kathmandu.
- 19 Jun 07.** 2000 hrs. Club members returned from Lhasa tour full of sweet memory without any problem.
- 23 Jun 07.** Thanks Giving Ceremony held at Hotel Annapurna. 3 members attended. It was the last visit of DG Rtn Debashis Mitra.
- 25 Jun 07.** Held final Board meeting for the 2006 - 07 Rotary Year.

Projects.

1. Majhathana VDC Secondary school, Health post up-grade and Community Learning Centre.
Club has applied for MG in cooperation with RC Leigh On Sea UK District 1240 and was given file No 63193 by the TRF. Cost Rs 5,46,480 (\$7,590)
2. The following projects are in hand with estimated costing:
 - a. Rampur Secondary School at Chitwan, Rs 3,08,931 (\$ 4,351)
 - b. Sunakosi Secondary School at Sindupalchok, Rs11,91,750 (\$ 16,785)
 - c. Bhabisya Nirman Secondary School at Kristinachne, Rs, 3,79,050 (\$ 5,339)
 - d. Raikar Secondary School at Kaski, Rs 16,05,453 (\$ 22,612)





CLUB ACTIVITIES 1 JUL 07 – AUG 08

By Rtn. Major Yam Bahadur Gurung PHF

JUL 07

New President. On chair.

AUG 07

Joint Installation Ceremony. Held at Hotel Shankher with RC Charumati. Chief Guest was DGN Rtn Ratna Man Shakhya. New member Rtn Govinda Shrestha inducted.

Disaster Relief. President represented the club to fly to Nepalgunj within one week of the flood disaster and hand over Rs 222,000 to RHERI, an NGO in Banke district to buy food for flood victims. He stayed there for 3 nights to supervise purchase of food and distribute to over 1,000 flood victims. He was interviewed on AV news.

Club Assembly. Acting AG and Zone 1 Trainer, Rtn Dr Chandra Lekha Tuladhar attended to advise to prepare on DG's visit.

DG' Visit. DG Rtn Anirudha Roy visited. New Bulletin "The Shangri-La" launched. New member Rtn Tham Bahadur Chhantel was inducted .

SEP 07

Guest Speaker. Club member Rtn Thaman Gurung on Housing in Nepal.

Guest Speaker. Ms Kumodini Shrestha from Spinal Injury Rehabilitation Centre (SIRC) from Jorpati.

Fun Day for Patients and Staff of Spinal Injury Rehabilitation Centre (SIRC) at Jorpati. Over 100 patients and staff enjoyed basketball on wheelchair, archery competition and Bingo. Lunch was cooked in the premises. 8 Rotarians from club participated.

Used Cloth Collection for Flood Victims. Grand Academy Chairman, Hon Major Deuman Limbu handed over 5 boxes of used cloth to the President.

OCT 07

Guest Speaker. Zone 1 Trainer, Rtn Dr Chandra Lekha Tuladhar on SIGHT programme.

Families Rotary. Dashain Khana and fund raising event was held at the residence of Rtn Lt Col Lal Bahadur Pun OBE MC with Rotarian families. Executive Secretary, Dhana Kumar Lama was also given farewell present.

Rotarian from UK. RC Harrogate, UK. Pennant exchanged.

NOV 07





Wheelchair Donation. An old German national met by fellow Rotarian. Disabled person found in Nepal and he presented one very strong wheelchair. Organised at Oasis Café.

Joint Meeting Hosted by RC Charumati. With RC Charumati and RC Balaju – Water Filter BCH project. Guest Speaker Mr Rajesh Adhikari from ENPHO. Also introduced visitor Rtn Eilen Heasley from RC Troy of Michigan, USA who funded the water filter project.

Rotarian from UK. RC Royal Tunbridge Wells, UK. Pennant exchanged.

Guest Speaker. AG Zone 1, Rtn Siba Bhakta Rajbhandari.

Guest Speaker. Mr Sitaram Bhatta, Director IMPACT Nepal who conducted nutrition project in Sindhuli district.

DEC 07

Guest Speaker. Mr Ramparsad Rimal talked about security equipments.

Guest Speaker. Mr Anil Karki from Nepal Ecotechs on pollution control in Kathmandu.

Guest Speaker. Mr Kumar Pokharel from Baba Electronics on Inverton when power failed.

Rotarian from UK. RC Harrogate Brigantes, UK. Pennant exchanged. Later funded one project.

Joint BCH Meeting Hosted by the Club. With RC Charumati and RC Balaju. Dr Chandra Lekha handed over cheque for Rs 62,000 (\$1,000) to each club to run the water filter project.

JAN 08

Water Filter Donated. At Tokha Village, 55 filters were presented and a talk on clean water was given by ENPHO.

Cloth Distribution to Flood Victims. Joan Timmins, a retired nurse joined the team who hired a vehicle and drove 13 hours one way to Nepalgunj. Joan had sent much used cloth from UK. In 2 days, over 1,000 flood victims were given used cloth. Joan was later made a Hon Member of the club.

Health Camp at Besi Sahar, Lamjung. In 1 ½ day, 6 doctors brought from Kathmandu – gynecologists, paediatrician, orthopaedic and general physician, treated over 1,400 patients. 10 Rotarians joined in the camp. RC Lamjung and Rotaract Lamjung also helped to conduct the camp. Camp was paid for from fundraising held by the club during Dohori lunch in Kathmandu.

FEB 08

Guest Speaker. AG, Rtn Siba Bhakta Rajbhanadari.

PHF. 9 Rotarians declared they would contribute \$500 to be PHF.





MAR 08

Guest Speaker. Rtc Prasant Sharma and his team from RC Mid Town on ROTARACT.

10 Rotarians from UK. From RC Portsmouth & Southsea and RC Portsmouth North, England attended weekly club meeting. Pennants exchanged.

Fund Raising Event. Lunch with Dohori geet held at Gandaki Dohori restaurant, Kathmandu. President also gave presentation with slideshow of work done by the club.

Joint BCH Meeting hosted by club. With RC Charumati and RC Balaju. Held at Oasis Café.

Guest Speaker. Mr Rewanta Shrestha from Rolpa. Club conducted project to assist them to build toilets and drinking water supply for their school. Fund from RC Patan under their MG.

Water Filter Donated. At Pyang Village, 60 filters were presented by 3 BCH clubs, 20 each. Funding from RC Troy of Michigan, USA.

Visit to Suryodaya Urja P Ltd. After weekly meeting, visited this solar power manufacturing organisation in Dhapasi. Mr Nabin Bhujel was speaker. 9 members attended.

APR 08

Fellowship in Restaurant. After weekly meeting, fellowship held with dinner.

Project Monitoring Visit. Two members visited school in Rampur village, Chitwan. Joint project with RC Carse of Stirling, UK who had contributed £2,100 (Rs 263,765) to build toilets, water supply and replace roof of existing school building.

MG Project Monitoring Visit. Director Community Service visited Majhathana, village, Kaski. MG 63193 project – TRF and partner with RC Leigh-on-Sea, UK. Total budget \$17,710 (Rs 11,21,903.50) to provide computers, furniture, improve drinking water and toilets for school, provide furniture for health camp and provide water and electricity for community learning centre.

MAY 08

Project Monitoring Visit. 4 members visited school in Kristi Nachne village, Kaski. Joint project with RC Harrogate Brigantes, UK who had contributed £1,655 (Rs 214,702.45) to provide computers, laser printer, science lab equipment, library books and sports kit to school.

Rotarian Guest. From RC Waco, Texas, USA. Exchanged pennant.

Guest Speaker. Mr Bijay Karki from NIDA, an NGO that conduct vocational training for disabled from their base in Damauli.





JUN 08

Club Assembly. Held at Hamro Bhanchaghar restaurant with wives included dinner. President also gave slide show for benefit of wives to show club's charity work in last 10 months.

Guest Speaker. Rtn Major Lil Bahadur Gurung MBE on his experience in charge of close protection group in Hong Kong.

New Members. Mr Golman Gurung (Travel agent), Rtn Dilman Gurung (Property development) and Major Ram Parsad Gurung (Trekking agent) decided to join the club from 1 Jul 08 after attending weekly meeting as an observer.

Guest Speaker. Mr Chitra KC, Director of New SADLE who look after leprosy patients and run a highly successful handicraft production centre in Kopan to sustain the NGO.

Outing for Leprosy Patients. Four Rotarians with help of New SADLE staff organised an outing for 29 old-aged leprosy patients to Pashupatinath temple. Then they returned to the centre in Kopan and gave them lunch.

Water Filter Donated. At Gundu Village, outside Kathmandu water filters were presented by 3 BCH clubs. Funding from RC Troy of Michigan, USA. 6 Rotarians attended.

Member Resigned. Due to distance in travelling, sadly Rtn Major Nima Lama resigned.

JUL 08

Peace Walk. 8 Rotarians and one spouse took part in this new Dist 3292 inauguration walk in Kathmandu.

New District Nepal Inauguration Ceremony. 14 members who included wives took part in this excellent ceremony in Kathmandu in the presence of the Prime Minister followed by food festival.

Joint Installation. Held with RC Charumati and RC Balaju at Hotel Shankher. Same team led by Rtn Major Yam Bahadur Gurung (second consecutive year as President) with new Secretary, Rtn Major Lil Bahadur Gurung MBE tookover the responsibility for 2008 – 09. DG Rtn Dr Tikaman Vaidya, Chief Guest also gave away PHF medals and certificates to 7 members and their wives. The AG, Dr OK Malla inducted 2 new members Rtn Golman Gurung and Rtn Dilman Gurung.

AUG 08

Club Assembly. AG, Dr OK Malla was guest speaker and advised on preparation for DG's visit on 8 Aug 08.





PROJECTS

Five wheelchairs were donated to disabled persons at Damauli on 29 Oct 06 through local NGO NIDA



**Five wheelchairs
were donated**





Fun day at Asha Deep Mentally Disabled rehab center, Jorpati, Kathmandu 12 Mar 07



Mrs Kalyani Moktan assisting



Mrs Hem Gurung, Rtn. Major Nima, Rtn Major Gopal & Rtn. Shambhu in the background



Rotanians really dazzled at this event !
Center Director, Prabat Pradhan on the right.



Rtn Major Bhim, then President giving away prizes to the mental patients.





Distributed food to over 1,000 flood victims in Bardia district on 21-23 Aug. 07

Total cost: NRs. 222,000 Club Contribution: NRs. 22,000. TRF Contribution; None International Partner Club(s): NRs. None Other source: NRs. 200,000 donated by an anonymous person. No. of people benefited: 1,072 Location: Shivapur and Thakur Dwara villages of Bardia District.

Other Details?

When monsoon rain hit Bardia area, the river level rose quickly and many villages were flooded. The club responded and raised money, a friend giving Rs 200,000 anonymously. For a change, we wanted to be involved in the relief operation rather than just handover money. With the help of a local NGO called RHERI based in Banke, close to the worst hit area, we found out that food was the priority. With advice from Nepal Red Cross, we targeted two villages and the names of victims by families were listed. We decided that we should purchase rice (410 gm per day for 15 days), daal, cooking oil and salt from local suppliers as advised by Nepal Red Cross. Within one week of the incident, the President flew to Nepalgunj, met RHERI and handed over cash. On the same day, food was purchased and the next day they were distributed to the two villages with the help of RHERI staff and Police.



Local NGO RHERI assisted to prepare purchased food by packages.





President interviewed by AV News



Ground floor of this house was full of water. Rice field is now covered by sand and family will go hungry for the season.





Fun day for the patients and staff of the Spinal Injury Rehabilitation Centre (SIRC) at Jorpati, Kathmandu on 24 Sep 07

Total cost: Rs 10,000 Club Contribution: Rs 10,000 TRF Contribution NONE
International Partner Club(s): NRs. None ____ Other source: NRs. _None
No. of people benefited: 24 patients their relatives and staff. Location: Jorpati, Kathmandu.

Other details?

On invitation from the Director of SIRC, the club ordered lunch to be cooked at the centre for the patients, their relatives and staff. Some of the patients came from their day care centre in Kathmandu. Though it rained a little on the day, it did not deter some of the patients to try their luck on the bow and arrow competition. This was followed by a very competitive basketball competition in which patients on wheelchairs had to lop the ball into baskets at each end. Finally the much awaited Bingo game started indoor. Everyone took part including club members. Two members won on two occasions but donated the money into the Bingo which was cheered very loudly. Then lunch followed. When it was time to go, by keeping a secret, it was announced that everyone of the patient was a winner and they were all given small presents. At the end of the day, the patients had a thoroughly enjoyable day that they would not forget for a long time.



CP Major Gopal with Rtn. Sambhu and Rtn. Brig Lilli on his left visiting the ward.



Basketball games on wheelchairs.





Bingo game played inside was very popular and every one enjoyed themselves.



This old gentleman needed to be very close to hit the bottles !



Rtn. Dev giving away prizes to all the patients.





Donated one German wheelchair to a disabled person at Kathmandu on 1 Nov. 07

Total cost: Rs 705 Club Contribution: Rs 705

TRF Contribution NONE

No. of people benefited: One disabled person.

Location: Oasis Cafe, Kathmandu

Other details?

A German national, called Hans contacted a member of the club and wanted to donate a German made, very strong wheelchair to a genuine disabled person. The President contacted the disabled association quickly as Hans was about to leave Nepal. Eventually one was found who lived in Patan and had suffered in both legs since birth from Polio. The President collected him in his car. A handover ceremony was held in the morning over coffee and sandwiches with a number of Rotarians and friends present. Hans did not speak English and a German speaker was quickly arranged. Hans promised to do it again the following year as he was impressed with the arrangement at such short notice.





Wheelchairs Distribution at Damauli on 28-29 Dec 07

On 28 Dec 07, four Rotarians of RC of the Himalayan Gurkhas went to Damauli for distribution of 14 wheel chairs to the disabled both adults and children. Prior to this, the President Rtn. Major Yam Bdr. Gurung left Kathmandu on 24 Dec taking 15 wheelchairs in his land cruiser. He first handed over one wheelchair to an ex-Indian army disabled personnel Mr. Bhim Bahadur Gurung at Chitwan and after finishing his other work there proceeded to Damauli on 28 Dec to meet the four Rotarians.

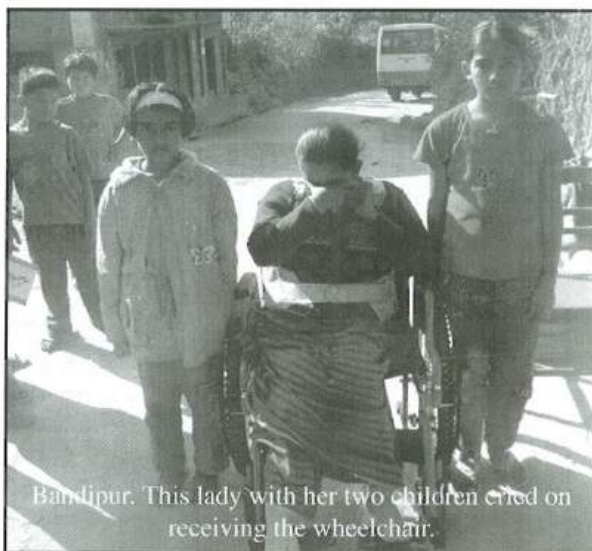
At about 3 pm at Damauli, the Rotarians screened 13 disabled recipients by interviewing individually before the distribution of the wheelchairs. At the distribution function at about 4 pm, each Rotarian gave a quick brief on the recipients' disability history and photographs were taken with the certificates immediately. The function was also attended by DDC senior officers, Mahila Sangathan Representative, Disabled Association Representative and various other guests and of course the recipients' relatives and parents.

The next day on 29 Dec, the President and the two other Rotarians went to Bandipur to present one wheelchair to a 32 year old lady who had no feeling from waist downwards and had to be carried there from her village 3 hours walk away.

Over all the distribution of all 15 wheelchairs was carried out successfully. One point of worth mentioning is the fact that these wheelchairs were kindly sponsored by RC of the Kathmandu Metro. Therefore RC of the Himalayan Gurkhas would like to thank them for their support and co-ordination in the respect.



On left, DDC senior staff and Capt. Rukun Rana, AWO Tanahun assisting with distribution



Bandipur. This lady with her two children cried on receiving the wheelchair.





Cloth donated to orphanage in Rampur village, Chitwan in 2006- 2007

By Rtn Major Kishansing Gurung PHF

The twelve years of the Maoists arms struggle in the name of "People's War" rendered well over twelve thousand people dead and millions displaced, leaving their bereaved children on the streets. As a result, these children became orphans: no chance to live as children. They are deprived of love, care, comfort of homes and above all education which is their birth right. Most of these children are now confined to working many hours a day for months as labourers in such tender ages. Their gloomy faces, dried eyes, trepidation of everyday existence are tantamount to their struggle to survive mainly in the hill regions where the insurgency had hit hard.

It all began in end of 2002 when one of our rotarians Captain Ash Bahadur Gurung who is also the founder and driving force of RC of the Himalayan Club, suddenly disappeared from Kathmandu as was evident from his total absence in the regular weekly meetings. Since we missed him, some of us began to enquire about his where about. We later found out that Captain Ash Bahadur Gurung and his wife Buddhi Maya had moved to Rampur village in Chitwan especially to take care of these children in their newly built house and they intended to dedicate their service to these children for the rest of their lives. With their unshakable faith in God as well as strong desire to serve, Rampur Orphanage kicked off with eight children carefully selected and screened amongst hundreds of applicants to ensure only the Maoists afflicted children were given placement into his institute. He kept the number to eight children only because that is the number he can afford with his pension, with plan to increase the number of children in the future depending on what fund he would receive from other sources namely Rotarians worldwide.

On 22 Jul 2007, I was fortunate to visit this orphanage on my return to Kathmandu from Pokhara. I was quite amazed to see the institute well placed in a suitably two to three bigas of land about one kilometre west of Rampur Agriculture Campus. There is a large plot of land for growing rice, wheat, maize and vegetables season wise; all these to help Capt Ash Bahadur save money that can be used in other area for the benefits of the children. I also noticed three huts especially built to grow mushroom as nutritional supplement to their vegetarian diets as the institute is a very religious site with a Sai Baba temple built all within.

These young children between ages 8 to 14 have found a new abode. These children are given basic training on literacy, religious education and taught to become good citizens of the society when they grow up to SLC level after which according to Capt Ash Bahadur, they would have the option of either continuing higher education or taking jobs after vocational training in government organized institutions. Above all they are provided with due care, love and affection, which they are deprived of so far. I also noticed three Taiwanese volunteers



were very busy from morning to evening teaching the children Mathematics, English as well as giving them training in handicrafts, in addition to two full time Nepali teachers.

In March 2006, a group of RC Himalayan Gurkhas visited the orphanage and made some contribution in the form of books, pens and used clothes. They were every inspired at the whole set up of the institute and the revived smiles of these children, the group immediately promised to visit again in the near future. A matching grant is now in the process to provide substantial amount for this orphanage to improve the infrastructure further and secure its future. In deed Capt Ash Bahadur and his wife have set an example to all the rotarians of the Himalayan Gurkhas and other clubs in Nepal by establishing this splendid orphanage at the expense of his own pension and today the success is purely the result of husband and wife efforts alone. So let us help Capt Ash Bahadur in building this institution into a bigger non – government organization with our moral and financial support and if possible seek donations from overseas charity organizations on their behalf.



The orphans



Rtn. Capt As B.Gurung with his mushroom farm



Own vegetable farm



Childrens bed and Sai Baba temple





Water filter distributed at Tokha village, Kathmandu on 8 Jan 08

Total cost: NRs. 21,250____ Club Contribution: NRs. Monitoring visit cost. TRF Contribution _____

International Partner Club(s): NRs. 21,250 from RC Troy of Michigan, USA.

No. of people benefited: *Supplied 55 SBL water filters to 55 families after educating them on it's usage and maintenance. Project was co-ordinated by Dr. Chandra Lekha Tuladhar.*

Other Details?

At first, a joint forum was organised at a joint meeting to learn about clean water. Speaker was Mr Rajesh Adhikari from Enpho. Rtn Eileen Heasley from RC Troy of Michigan, USA who funded the project also attended the joint meeting with RCs Charumati, The Himalayan Gurkhas and Balaju. A survey team visited Tokha village to orient the micro-credit group of women on clean water including testing of water from the main sources. A minimum self contribution was raised for each water filter and the money deposited into their micro credit system for them to avail the filter in case of breakage.





CLOTH DISTRIBUTION TO FLOOD VICTIMS IN BARDIA ON 9-12 JAN 08

Ms Joan Timmins is a retired British nurse who came out to Nepal to help the Spinal Injury Rehabilitation Centre at Jorpati as a volunteer in Sep 2007. That was the time when Joan met the President Rtn Major Yam Bahadur Gurung of RC of The Himalayan Gurkhas. Having been shown slide show of the food distribution to flood victims in Bardia in Aug 07, she was very moved with the activities and decided to start support for the flood victims. On return to her home country, she started cloth collection campaign amongst her friends and sent four boxes of used cloth to Kathmandu by British postal service before she returned to Nepal on 8 Jan 2008 to join RC of The Himalayan Gurkhas. We also collected old cloth from members and friends. Grand School in Satdobato gave us 5 large boxes of cloth.

On 9 Jan a team comprising four members Rtn. Yam, Rtn. Bhim, Rtn. Shambhu, Rtn. NB and Ms Joan Timmins drove to Nepalgunj on 9 Jan 2008 in an old jeep for 13 Hours. The next day, RHERI Director Punit Shah took them to his office at Chisapani, 30 minutes drive away. All morning was spent in opening the boxes containing cloth contribution both from the UK and Kathmandu and rearranging these into family packs. In the afternoon, the team visited 2 conflict victims in a village in Bardia, an hour drive away from Nepalgunj. On 11 Jan, the team again drove for one and half hours to Thankurdowra and Suryapatuwa in Bardia and distributed cloth to over 100 households victims of the Aug flood that devastated almost the entire villages in that area. On 12 Jan, the team and Ms Joan Timmins returned to Kathmandu feeling quite satisfied and happy that their mission was achieved successfully. The remaining cloths were distributed to 75 deaf children at RHERI deaf school in Banke later on when the team had already returned to Kathmandu.

In the normal meeting at Shangri – la Hotel on 14 Jan 2008, Joan also handed over Pound 500/- in cash as her friends' and her personal contribution to the club and agreed to be an honorary member of the club.





MEDICAL CAMP WAS HELD AT BESI SAHAR, LAMJUNG ON 26-27 JAN 08

Total cost: NRs.85,732 Club Contribution: NRs. 85,732, TRF Contribution NONE

International Partner Club(s): NRs. NONE Other source: NRs. NONE

No. of people benefited: 1,400 patients from local villages.

Project was co-ordinated by Rtn. Major Gopal.

How this program help contribute in improving public health condition?

District hospital at Besi Sahar do not have specialist doctors. This project brought the doctors at the door step of the villagers. Many of those who suffered from bone pain or gyno problems were able to go home feeling better. They also saved money and time. Six doctors were brought from Kathmandu mainly orthopedic (bone), GP, pediatrician (child) and gyno (female problem). Service provided was free which included medicine collected from sponsors. As local villagers had been warned in advance by local FM radio Marshyangdi and by poster in every prominent place, patients came in the hundreds and had to be controlled by shutting the gate in the beginning with police manning it. Roteract support from RC Lamjung was outstanding as they were on duty at the registration table outside the gate, the entry gate and also channeled patients to the doctors. When particular medicines ran out, the club locally purchased them. When it ran out again the next day, Rotarians from RC Lamjung came to assist and kindly purchased them. So we are ever grateful to them.

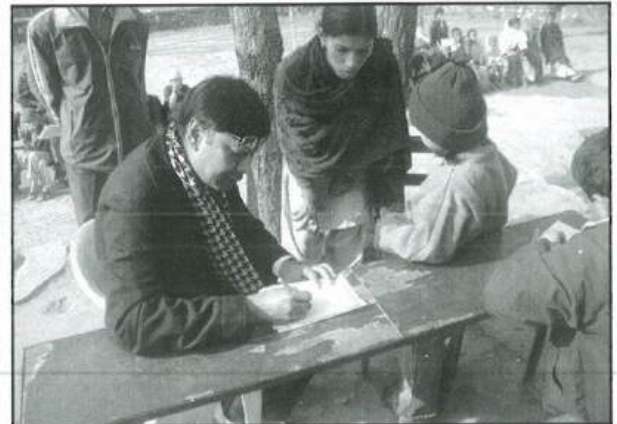




Orthopedic (bone) Dr. Deepak Shrestha.



Gynecologist (femal problem) Dr. Ranjana Shrestha



Pediatrician (child) Dr. Shiva Shrestha



Lining up to collect free medicines



RC Lamjung President on left & RC THG President exchange pennants.





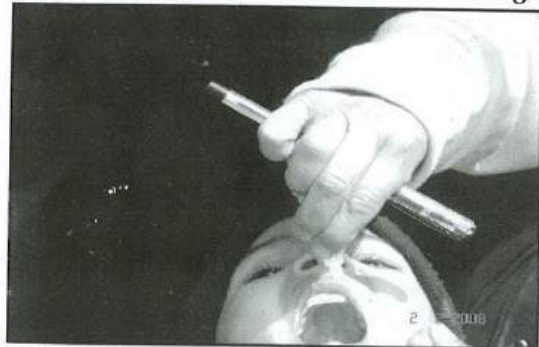
POLIO IMMUNIZATION DAY AT CHATRAPATI, KATHMANDU ON 2-3 FEB 08

At the call by the WHO/IPO and National Polio Plus Committee, a team of RC of The Himalayan Gurkhas promptly responded by participating in the polio immunization campaign organized on 2 and 3 Feb 2008.

Early in the morning of 2 Feb 2008, the team led by the Community Service Director Rtn Major Bhim Bahadur Gurung reached Chhetrapati Ward 17 as allocated for the monitoring of the polio vaccination to children. There were 12 booths, each manned by two volunteers with polio vaccine stored in a cool place, marker pens and record books. The team issued Rotary banners, aprons and caps at each booth to draw public attention and at the same time toured the entire area accompanied by the supervisor Ms Padama Kumari Lohani. At the end of the campaign on 3 Feb, the turnout of children below age 5 years was worked out to be only 2578 which was less than expected. It transpired that the low turn out was due to parents being too busy to take the children to the booths and some being unaware of the advantage of polio vaccination for their children. It is therefore recommended that where possible each booth should have a landhailer or better still a PA system at any prominent place to encourage parents to come forward and learn the benefit of the polio immunization of their children. If this is not possible, a foot mobile polio vaccine team should be arranged to reach every child on the street.



Rtn. NB on left & Rtn. KS on second from right



Rtn. KS left & Rtn. Bhim





WATER FILTER DISTRIBUTED AT PYANG VILLAGE, KATHMANDU ON 23 MAR 08

Total cost: NRs. 7,666 ____ Club Contribution: NRs. Monitoring visit cost. TRF Contribution
International Partner Club(s): NRs. 7,666 ____ Other source: NRs. ____
No. of people benefited: 20 households ____ Location: Pyang village, Kathmandu

Other Details?

Having been briefed on clean water, with funding from RC Troy of Michigan, USA this was a follow up joint project. As a result of further survey, the 3 clubs of RCs Charumati, The Himalayan Gurkhas and Balaju donated water filter to households in Pyang village. Each club donated 20 filters each making a total of 60 water filters amidst a function. Again a minimum self contribution was raised for each water filter from the households and the money deposited into their micro credit system for them to avail the filter in case of breakage.



Rtn. Major LB giving away filter



Rtn. Bhim on left & Rtn. Basu giving away filter. Dr. Lekha on right.





CONSTRUCTED TOILETS GIRLS & BOYS AT A SCHOOL IN ROLPA IN NOV 07-MAY 08

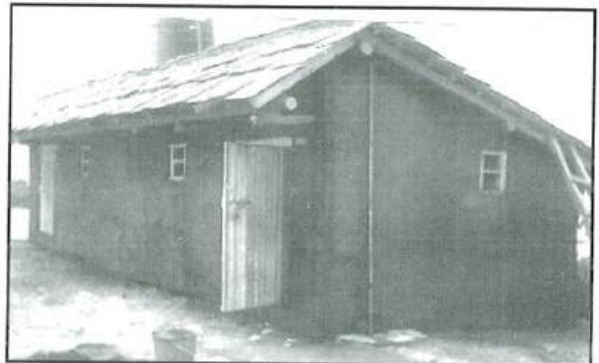
Total cost: NRs. 160,000
Contribution. None

Club Contribution: NRs. Monitoring cost T R F

International Partner Club(s): NRs. None Other source: NRs. 100.000 from RC Patan
No. of people benefited: Over 700 children and 15 staff. Location: Jana Sewa Secondary School, Rangsi village, Rolpa District. The project was led by Rtn Govinda Shrestha.

How this program help contribute in improving public health condition?

This is a very isolated village in Rolpa. It takes a day to walk from the nearest road head. So all materials had to be carried from the nearest town centre. Initially children had to run into the wood to use open toilet which was unhygienic and unsafe for young children and often they had no water to wash their hands afterwards. Now with the new toilets built, they are able to use clean toilets within the school compound where water is available to wash hands.



CLOTH DISTRIBUTED TO UNDERPRIVILEGED CHILDREN AT MAIPU MONASTERY IN MAR 08



*Mrs Gautam Gurung
Presented the cloth*





PROVIDED TIN ROOF & TOILETS FOR RAMPUR SECONDARY SCHOOL AT RAMPUR VILLAGE, CHITWAN IN NOV 07-MAY 08

A team of the RC of The Himalayan Gorkhas comprising the Community Director Rtn Major Bhim Bahadur Gurung, VP Rtn Major Kishansing Gurung and the project monitor Rtn Capt Ash Bahadur Gurung left Kathmandu early in the morning of 25 Apr 2008 by a tourist bus and arrived in the same afternoon at Rampur Secondary school. They were greeted by staff and children at the main gate of the school. They were then led by the principal Mr Krishnaprasad Devkota to an assembly area where already other teachers and administrative staff were seated ready to start a simple ceremonial function.

In the opening address the chairmen of the school Administrative committee Mr Ashbahadur Lama welcomed the Rotarians and gave a brief on the school background and future plans to improve the school infrastructure. This was followed by a short speech by the principal. Later on Rtn Major Bhim Bahadur Gurung also explained about Rotary/ Rotary international and their aims. He informed the gathering that Nepal Rotarians are working to achieve these aims in Nepal.

After inspection of the project work involving replacement of CGI roof of school main building, new toilet block for girls and boys with glazing tails floor and repair of the drinking water supply system he handed over a cheque of Rs 2,63,765/- (2,100 Pound) to the project monitor Rtn Capt Ash Bahadur Gurung for the payment of bills that purchased materials for the project. Rotarian Asbahadur who lives near by the school therefore was appointed as project monitor Rotarian by the club to supervise work and control of the financial expenditure as per the Rotary rules and regulation. The amount was funded by kind generosity of RC of Carse of Sterling UK through Rtn. Major Bhim, the Community Director. The project will benefit 680 students and 18 staffs.





***PROVIDED COMPUTERS, PRINTER, SCIENCE LAB
EQUIPMENT, LIBRARY BOOKS & SPORTS KIT TO BHABISHYA
NIRMAN SCHOOL IN KASKI DISTRICT
IN DEC 07-MAY 08***

Total cost: NRs. 214,702.45 . Club Contribution: NRs. Cost of monitoring visit.

TRF Contribution: Nil.

International Partner Club(s): NRs. 214,702.45 from RC Harrogate Brigantes, UK (£1655)
contacted through Rtn. Major Yam.

No. of people benefited: Over 700 children and staff.

How this program helped contribute in increasing literacy & numeracy percentage?

This is a government school in an isolated village. For the first time, the children are able to use computers to connect to internet to find out more about subjects. With the printer they can take home printouts of the facts. The science lab equipment has enhanced the teacher's capability to explain to children and experiment. The library books brought from Room to Read are in simple. Nepali and English, so the children are able to read stories and easily understand plus learn the English language. The children are also able to enjoy sports and keep themselves fit by using the equipment donated to them.



Rtn NB handing over equipment



Rtn Bhim handing over TV with Rtn KS looking on & Rtn. command behind.





WATER FILTERS DISTRIBUTED AT GUNDU VILLAGE, KATHMANDU ON 28 JUN 08



Local cultural show before filter distribution



Water filter distribution ceremony



Rtn. Major Bhim in the center with Dr Lekha on his left.



Rtn. Brig Gen Lilli Jang Gurung





OUTING FOR LEPROSY PATIENTS FROM NEW SADLE, KOPAN, KATHMANDU ON 30 JUN 08



RENOVATION OF SCHOOL, COMMUNITY HALL AND HEALTH POST AT MAJATHANA VILLAGE, KASKI (MATCHING GRANT PROJECT IN PROGRESS)





FAMILY TRIP TO LHASA AND REGULAR WEEKLY MEETING AT HIGH ALTITUDE IN JUN 07

By Rtn. Major Yambahadur Gurung PHF

The 17 of us who included wives and one grown up daughter of a Rotarian visited Lhasa in June which is good weather time as the monsoon starts in July and the roads can get very muddy and slippery. The agent who looked after us was Windhorse Adventure from Lhasa. The package was arranged by consultant in Nepal, Mr. Yam Bahadur Gurung, son-in-law of Rtn. Major Gopal.

From Day 1 when we were met by Dawpa, the guide at Gonghor airport, he was ever helpful and able to brief us continuously on what was happening and our programme. As a result we had, I believe, a smooth "ride" wherever we were. Dekhang Hotel which was fairly new at Lhasa where we stayed for 4 nights was exceptionally good and the staff most helpful with some very cheerful girls looking after us. Only two wives had a rather unpleasant experience the first night with high altitude sickness but most of us coped by taking Diamox tablets. Visit to the Dalai Lama's Potala palace, was just unbelievable seeing that wonderful castle on the hill both at day time and at night. However the story was so sad. In the next 3 days, in between our visit to the other monasteries we also managed to venture into local Chinese restaurants.

Then the drive south through desert like terrain was such an experience. We never thought life could be so hard in Lhasa. Now we understand - wind and sand everywhere. No wonder there was no green vegetation mile after mile. Visit to the Panchen Lama palace was another 'eye-opener' for us as we looked at the beauty of the line of monasteries. So sad to see them destroyed during the Cultural Revolution. The long drive to the base of Mt Everest from the northern side was quite an experience for us all. I understand the road there is now closed for repairs - we were so lucky! The final drive downhill to Khasa was equally unforgettable passing through those deep cliffs. The drive to Kathmandu finally was also quite enjoyable with our group hiring two vehicles and stopping to have a really long lunch break.

The "girls" managed to do quite a lot of shopping in Lhasa particularly stone Mala while the men could only complaint for making them wait long! The Nepali food at the Nepali owned New Mandala Restaurant in Lhasa was just delicious. So we did not feel homesick! We all thoroughly enjoyed the holiday. I think it makes sense to fly there and return by road.



Leaving Kathmandu, Rtn. & Mrs Major Bhim



Mrs Kalayani and Mrs Gautam in front of Potala Palace at Lhasa





At hotel in Lhasa



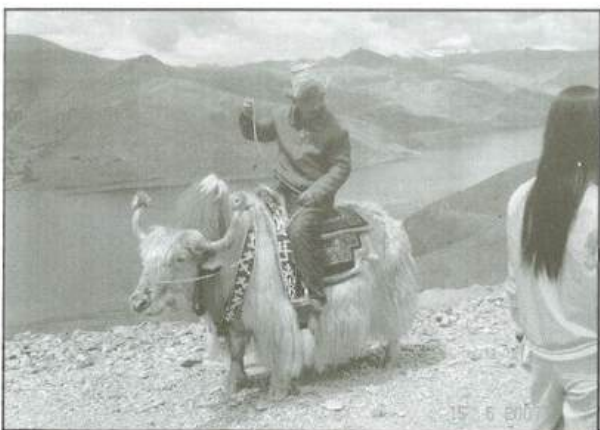
Dalai Lama's summer palace in background



In front of an old monastery



A gaggle of wives !



Tibetan Yak



Presenting club banner to Nepali restaurant owner





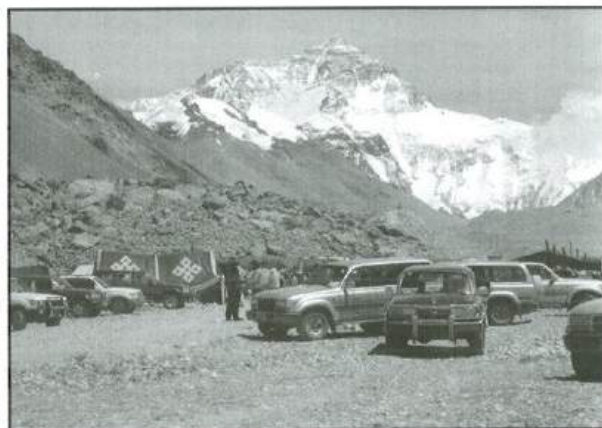
Rtn. Thaman enjoying the breeze at a height of over 15,000 feet.



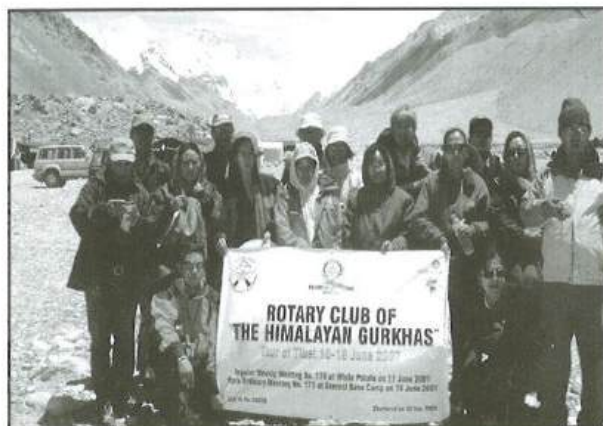
Another old monastery in background.



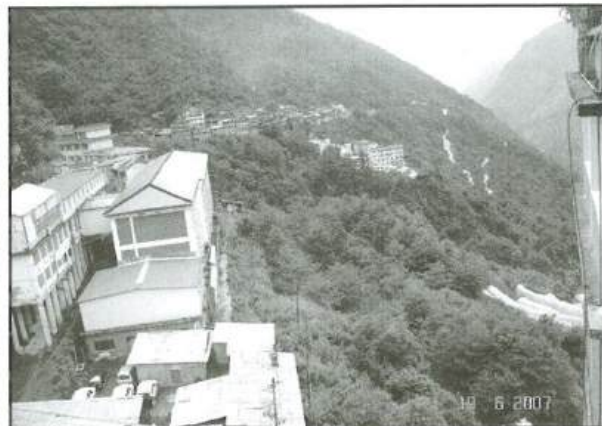
Memorial club banner of meeting held at Mt. Everest North Base Camp



Mt. Everest North Base Camp



Group Photo at Mt. Everest North Base Camp



Final arrival at Nepali border, Khasa





ROTARY INTERNATIONAL CONVENTION

AT LOS ANGELES, CALIFORNIA, USA

15-18 JUN 08

Rtn. Nanda Bahadur Gurung
Director Rotary Foundation

The 2008 RI 99th Annual Convention was held from 15-18 June 2008 at Los Angeles, California, USA. I arrived with my spouse Bishnu Gurung, arrived at LA on the 11th of June via Hong Kong, London and New York. We being first-time attendees in the Convention and also for the first time in the Hollywood movie world, our excitement and eagerness were only natural. The Convention Opening Plenary Session was 15th of June; therefore, immediately from the next day we began our "Experience LA" with VIP TOURS California.

LA City and all the interesting places were covered by Rotarians and their spouses. We also joined them at following places,

1. Hollywood, where the stars live and work in the movie and television capital of the world and the Home of the Academy Awards.
2. Mann's Chinese Theatre, see the foot and handprints of favorite movie legends.
3. Kodak Theatre, Crown jewel of Hollywood and home of the Oscars.
4. Walk of Fame, View over 2000 stars on Hollywood's greatest boulevard.
5. Hollywood Sign, see the most popular sign in the world.
6. Beverly Hills, Home of the rich and famous.
7. Sunset Strip, Playground of the stars.
8. Rodeo Drive, see where the stars shop in many exclusive boutiques like Giorgio Armani, Gucci, Chanel, Bijan, etc.
9. Farmers Market & the Grove, famous for its unique shopping and eateries.
10. Music Centre, where Broadway meets LA.
11. Walt Disney Concert Hall, Home of the LA Philharmonic.
12. Civic Centre, one of the largest government centers.
13. Marina Del Rey, world's largest man-made small boat harbor.
14. Venice Beach, see roller skates with guitars, and muscle men and women pumping iron at the busiest beach in LA.





15. Santa Monica Beach.
16. Universal Studios
17. Disneyland
18. Day and Night City tour, etc.

Thousands of fellow Rotarians, spouses, Rotaracts and volunteers gathered in the LA Convention Centre from all over the world (more than 200 countries and over 32,000 Clubs) for RI Convention 2008. We attended the Opening / Closing Plenary Session, Paul Harris Fellows Event, and Rotary Today and so on.

There were other interesting events such as RYLA, Youth exchange, and Interactive Discussion Workshops. The most attractive, interesting and useful place was House of Friendship; where stalls were set up for business and service purposes. Some were looking for souvenirs and some for projects while others were looking for donors. Some were seen busy sharing and exchanging their views and experiences with different types of Cultures and Nationalities. The friendship hall was the most enjoyable venue where I met Rotarian Thaman and other Rotarians from Pokhara and Butwal.

Rotarians from Korea and UK were helping and advertising to register for The 2009 Rotary International 100th Annual Convention in Birmingham to "Make Dream Real". "DK, UK, OK" was repeated in high pitch in every meetings and events to make 100th Convention a successful. I am thinking of going, what about you? Most of you do not have to apply for visa.





DASHAIN BBQ LUNCH AND FUND RAISING EVENT-10 Oct 07

By Rtn. Major Yam Bahadur Gurung PHF

With the aim of raising fund and celebrating pre-Dashain, the rotarians of the RC of The Himalayan Gurkhas, got together on 10 October 2007 and held a BBQ lunch at the residence of Rtn Lt Col Lal Bahadur Pun OBE, MC, for the second time; the first one being on 24 September 2006. Almost all the members and their spouses and some guests attended the function.

Once the members and guests arrived around 1200 hrs, the club President Rtn Major Yam Bahadur Gurung chaired the introductory speech followed by a simple ceremony to bid farewell to the office secretary Mr Dhana Lama who has to leave the club after 3 years of work. However the club will continue to provide him with any financial support he needs for the treatment of his kidney ailment by organizing some fund raising activities in the future. The Vice President Rtn Major Kishansing Gurung concluded the ceremony with a vote of thanks to all the executive members and especially to Col and Mrs LC Pun for allowing us to use their excellent garden area for this occasion. Having completed this first phase of the function, Rtn Garja Bhahadur Gurung in the midst of BBQ eats and drinks, presented a very interesting talk with the aid of TV monitor and video camera on the visit to Lahsa, Tibet by the senior members and the spouses. The visit was done from 10 Jun to 19 Jun 2007 to mark the very successful tenure of the last board members 2006/2007 under the chairmanship of the IPP Rtn Major Bhim Bahadur Gurung.

No sooner the presentation on the Lahsa visit was over; the ever determined card players busied themselves in the normal games of "Tin Patti" in the guest room of Col Pun. They became so engrossed in the card games that they could hardly be persuaded to move away from their chairs indoor. They did not even bother to take their lunch until much late hours by which time the food was cold and the items of relish depleted to satisfy their appetite. Nevertheless their contribution no doubt from their winnings was enormous; in fact the highest estimated to be more than Rs 13000/- which did help to the fund raising objective. In the mean time outside in the garden, the remnant with less interest in the card games enjoyed the games of Bingo, Raffles draws and dance music.

We are grateful to Rtn Thaman Gurung, Rtn IC Nanda Bahadur Gurung, Rtn Sambhu Raj Gurung and Rtn Gobind Shrestha, for organizing delicious BBQ lunch, drinks, tent and a well dressed cook in "daura surwal", a superb example of team work. We also thank Rtn Major Bhim Bahadur Gurung, Rtn Gobinda Shrestha, Rtn Sambhu Raj Gurung and the Secretary Rtn Basu Bhandari for organizing sponsorship of the Raffles prizes. Thus the event gradually ended at about 2000hrs, much later than we had expected, reflecting a very successful function of the day. We look forward to a similar fund raising event cum lunch next year also. Happy Dashain and Vijya Dakshami 2064 (2007).





Rtn. Dev & Rtn. Major Bhim



Mrs. NB in the center.



Farewell to Dhana Lama from President



Thank you to Mrs. Sara bhaju from Mrs Gautam

PHOTO NEWS

Joint Installation at RC Charumati on 2 Aug 07





DG' s Visit on 27 Aug 07



Joint Meeting of BCH at RC Charumati on 15 Nov 07



Joint Meeting of BCH at RC The Himalayan Gurkhas on 17 Dec 07





Peace Walk on 1 Jul 08



Dist 3292 Inauguration on 1 Jul 08



Club assembly/ Family Dinner at Hamro Bhansaghar on 2 Jun 08

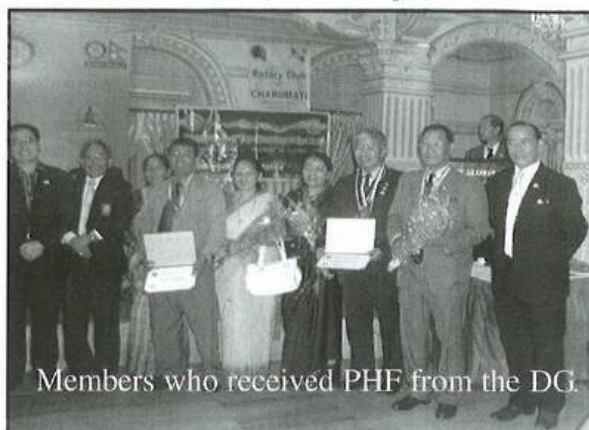




Joint Installation at RC Charumati on 10 Jul 08



New Team 2008-09.



Members who received PHF from the DG.

DG's Visit on 8 Aug.08



Guest Speakers



Mr. Sitaram Bhatta from IMPACT Nepal



Dr. Chandra Lekha Tuladhar, Zone Trainer





Rotarian Visitors From Overseas



Mrs Joan Timmins, Hon Member



Rtn. Don Sloan from RC Tunbridge Wells, UK



Rtn. Guy Wilson from RC Harrogate Brigantes, UK



Rtn. John Lindsey from RC Portsmouth, UK



Rtn. Stuart Smith from RC Waco, Texas, USA





A TOURISM MODEL VILLAGE (SIRUBARI)

By Major Lilbahadur Gurung MBE PHF

SIRUBARI is a very first tourism model village, first of its kind in Nepal. After long and hard struggle with the authorities and the bureaucrats in Kathmandu, by the determined



village elders, the Nepalese Tourism Board approved the establishment of Tourism Model Village in SIRUBARI, Syangja District in BS 2054, Kartik (October 1997).

SIRUBARI is a Gurung village, situated at an altitude of around 1800 meters, facing South on the Dahare Deurali ridge lines. It has been home to more than one hundred Gurung





households with Bahuns, Chhetris and Dalits in the close neighbourhood. The different clans and the races with varied cultural diversity, living in harmony, in this hamlet, is one typical example of strong Gurung leadership, for past many years.

Primary earning source for the locals is by way of joining either British or the Indian Gurkhas. Many have also joined the Nepalese Government service and made the name for them selves. There is hardly any Gurung house hold with out, at least one of the members, either serving or a pensioner in a house hold. The rest of the locals, other than Gurungs are subsistence farmers. The present trend of the locals is to migration to the town areas. Many local youths also venture out to various employments around the World as the modern day demand of the family members and the younger generation is not manageable with the income earned in the village.

This trend, however, has slowed down a bit, once SIRUBARI was formally recognised a "Tourism Model Village" by the Nepalese Tourism Board. Initially, the idea of welcoming the foreigners in a remote village, who didn't speak nor had knowledge of local language, was taken with some reluctance. Further more, the villagers were aware, that with all good ideas, there was fair chance of bad elements entering the village as well.

Over the past ten years "Tourism Model Village Sirubari" has played host to many foreigners from all five continents. The local tourists from within and from the neighbouring countries, such as Bhutan have also flocked to SIRUBARI to have first hand experience of the Tourism Village.

The tourism model village management committee, initially led by Honorary Captain and former MP Rudra Man Gurung (Indian Gurkhas) made significant contribution in developing tourism in this locality. The present committee is also actively promoting personal hygiene, sanitation and protection of environment.

Besides making their living by way of looking after the tourists, many villagers are now competent in house keeping, cooking Asian and Continental cuisines and hospitality management. Most of the tourists (both Nepalese and non Nepalese alike) who visit SIRUBARI leave with fond memory of first Nepali Tourism model village, with pledge of returning back. Some have kept their word and have returned for number of times.

From what I have seen and experienced, Nepal with thousands of attractive villages, across the country, village tourism has the potential to uplift the general living standard of the poor villagers. The Government has to take the initiative and encourage villagers.

If countries such as Indonesia and Philippines successfully promote their 1000 Islands, why can't Nepal promote it's many more thousands of remote villages.





COMPASSIONATE AND WELFARE CASES FOR BRITISH NATIONAL OVERSEAS (BNOs)

Hon Major Hitman Gurung 2GR/RGR

There are approx 300 bhanjas and bhanjies who hold the BNO Passport and have directly joined the British Army, Royal Air Force and the Royal Navy. Their Welfare and Compassionate cases used to handle by the British Embassy Kathmandu until Sep 2006. Now these responsibilities are overseen by the Brigade and Unit Welfare Office (BUWO) and his staff who are based in British Gurkhas Nepal (BGN) Man Bhawan Jawlakhel. Current BUWO is Hon Major Hitman Gurung 2GR/RGR.

In general, all requests for Compassionate cases by a serviceman's family in Nepal should be reported to their nearest Area Welfare Centre. The contact numbers of the AWCs are as follows.

Bheri -	083 - 520396	Guimi -	079 - 520107
Butwal-	071 540880	Syanga-	063 - 420208
Kaski-	061 - 521075	Tanahun-	065 - 560185
Lamjung-	066 - 520185	Gorkha-	064 - 420272
Chitwan -	056 - 521592	Bagmati-	014 - 371599
Rumjatar	037 - 540113	Diktel -	036 - 42011
Bhojpur -	029 - 420101	Khandbari-	029 - 560101
Dharan -	025 - 520796	Tehrathum-	026 - 460009
Taplejung	024 - 460107	Phidim-	024 - 520101
Damak -	023 - 580175	Darjeeling -	0091- 354 2254965

Those living in Kathmandu Valley should report occurrences to the BUWO office in BGN Jawlakhel. The sole authority for compassionate travel is Joint Casualty and Compassionate Cell (JCCC) in accordance with procedures contained in JSP 751.





For BNOs and their dependants based abroad, the Joint Casualty and Compassionate Centre (JCCC) should be contacted on Civilian 44 (0) 1452 519951 Military 954717325/5958/5959/5962 in the UK. This number is continually manned 24 hours a day, including weekends and Bank Holidays. Please pass this number to your relatives and friends in the UK and advise them the following procedures:

When you call you will be asked to provide Service Number, Rank, Name, Home Unit and current location of the Service person, together with full details of the relative concerned, their location and name of Doctor, Hospital and/or any other organisation involved in the case.

Please be aware that any information will be verified with the appropriate organisations before Compassionate leave may be authorised.

The terms and conditions of the BNO Soldiers are same as of the British soldiers therefore their home base is considered as the UK.

If any one has any inquiry please contact at BUWO Office British Gurkhas Nepal contact telephone number 0097715533521 ext 229. Military 92406229

विजया दशमी २०६५ को शुखद उपलक्ष्यमा हार्दिक
मंगलमय शुभकामना व्यक्त गर्दछौं ।

Major Ramprasad Gurung

Mobile: 9851052550

Gyanu Gurung

Mobile: 9851102196



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www.mardhimaltreks.com





Gurkha Contingent

By Rtn. Ci Nanda Bahadur Gurung GCSPF PHF

History

The Gurkha Contingent (GC) was formed on 9 April 1949 when Gurkhas from the British Army were transferred out of India into other British Colonies. In Malaya and Singapore, their presence was badly needed to fight the worsening communist threat, and to replace the Sikh unit in Singapore.

Singapore being a multi-racial society, their presence as a neutral force was important because local police officers were often perceived for being (or are even expected to show) bias towards their own ethnic groups when handling racial disturbances, further fuelling discontent and violence.

Just after a year, their presence became an asset when racial riots between the Malay and European communities broke out over the disputed custody of Maria Hertogh in 1950, followed by the Hock Lee Bus Company Riot in 1955 and the Chinese High School Riot in 1956. They were again activated when major rioting erupted all over the country between the ethnic Malays and Chinese in 1964, the Geylang Riot in 1966 and several other incidents.

In his autobiography, the then Prime Minister, now Minister Mentor Lee Kuan Yew recounted the use of the Gurkha Contingent as an impartial force at the time when Singapore just gained independence. He wrote:

"When I returned to Oxley Road (Lee's residence), Gurkha policemen (recruited by the British from Nepal) were posted as sentries. To have either Chinese policeman shooting Malays or Malay policeman shooting Chinese would have caused widespread repercussions. The Gurkhas, on the other hand, were neutral, besides having a reputation for total discipline and loyalty."





Manpower and Training

At the British Gurkha Camp in Pokhara, Nepal, about 350 young men are selected annually in December out of a pool of over 20,000 applications, with about 100 eventually joining the GC while the rest will go to the British Army.

These GC trainees are flown to Singapore, based in GC at Mount Vernon Camp where they will receive a ten-month long training before being subsequently deployed for duties. The trainings are mainly based on British Army pamphlets and a little about the Singapore Police Force rules and regulations. Trainings from external agencies such as the British Army, Brunei Police, Singapore Armed Forces and others are also provided during their career development period.

Organisation & Deployment

Since their formation in 1949 with 142 men, the contingent has grown to over 2,000 in size in 2006 comprising a total of seven Gurkha Guard companies commanded by the Gurkha Chief Inspectors. As a British Colonial import, the first contingent commander was a British Officer, and still it remains the only military or police unit to be headed by a British Officer in Singapore seconded from the British Army. The contingent also has its own Pipes and Drums Platoon, which is part of the Singapore Police Force Band.

Before, the Gurkhas were seldom seen in public besides being stationed at key locations and the homes of VIPs, important installations and foreign properties. Security concerns since September 11, 2001 has lead to a more active deployment of GC in recent years, and a review of their existing roles. Besides being deployed at Embassies, these days the Gurkhas are guarding the city's most sensitive sites. Previously known for standing guard atop lookout towers at various prisons housing the country's top criminals, they are now seen in more public locations such as the land, sea and air entry points. Besides these, they are also increasingly deployed during key national and international events and to watch over sealed ballot boxes during the country's general elections.

The GC has also contributed to Singapore's overseas security and humanitarian missions, such as the Singapore Police Contingent to the United Nations Transitional Administration in





East Timor in 2000, and the team to Iraq to help train about 1,500 local Iraqi trainers and police officers in 2003.

Staff Welfare and Rights

They are voluntarily allowed to retire after 15 years of service or compulsory retirement at the age of 45 years or after 27 years in service. At the moment their pension remain unchanged throughout and it ends on their death. There is no family pension. They have therefore established a Widow Fund from their own contributions and now their widows are getting some relief from that fund.

Social Life

The entire contingent is housed in Mount Vernon Camp, built on a relatively secluded area in Mount Vernon as their one-stop location for work as well as personal life. Due to their chief purpose as a neutral presence, they are not allowed to integrate too much with the local society or marry Singaporean women, hence the allowance to bring their wives and children from Nepal to the camp after 6 years of service.

Now, roughly 1100 wives, 2000 children and 2000 serving officers, a total of 5100 Gurkha families are living in the camp. They have their own Hindu Temple with a Pundit, a Lower Secondary School and Recreational Centre for all in one camp. They also celebrate all festivals according to the Hindu calendar.

Life after Retirement

It is common that only a handful of retirees will ever return to their villages, while the rest settle down in cities and town areas mostly for their children's education and also for the facilities found in the city areas. The Singapore Gurkha Pensioners' Association (SGPA) was formed in 1990 as an organisation registered with the Government of Nepal to provide help and welfare support to the members and their families in need. It has since established a Central Office and 4 Regional offices throughout Nepal with over 500 members. As they have little option for a second career, retired life at the age of 45 is quite monotonous for them as they struggle to keep themselves occupied.

Note: Extracted and edited from Wikipedia, the free encyclopedia.





***Best wishes on the auspicious occasion of the
6th Anniversary of Rotary Club of
The Himalayan Gurkhas***

**विजया दशमी तथा शुभ दिपावली २०६५ को
शुखद उपलक्ष्यमा हार्दिक मंगलमय
शुभकामना व्यक्त गर्दछौं ।**

From:

Rtn Maj & Mrs Yam Bahadur Gurung PHF

Rtn Brig Gen Lilli Jang Gurung

Rtn Lt Col & Mrs Lal Bahadur Pun OBE MC

Rtn Maj & Mrs Gopal Bahadur Gurung MBE PHF

Rtn Maj & Mrs Bhim Bahadur Gurung MVO MBE PHF

Rtn Maj & Mrs Bejoy Moktan PHF

Rtn Maj & Mrs Milan Chandra Gurung PHF

Rtn Maj & Mrs Lilbahadur Gurung MBE PHF

Rtn Lt & Mrs Dev Bahadur Gurung PHF

Rtn Capt & Mrs As Bahadur Gurung

Rtn Capt & Mrs Khusi Man Gurung

Rtn CI & Mrs Nanda Bahadur Gurung PHF

Rtn & Mrs Shambhu Raj Gurung PHF

Rtn & Mrs Bhakta Bahadur Gurung





GURKHA MEMORIAL MUSEUM NEPAL – UPDATE

**Major Yambahadur Gurung,
Chairman Gurkha Memorial Museum**

ITEMS PRESENTED TO THE MUSEUM IN THE LAST 12 MONTHS (As at Jul 08)

Ser	Item	Gifted By
1	Set of 3 x WW1 medals worn by Rfn Mansing Rana 2/8GR Danbahadur Burathoki 2/2GR.	Hon Captain and Mrs
2	Regimental books belonging to Late Major Dudley Spain 2GR	Air Cdre Harwood
3	11GR Flag	Via DA Delhi
4	6GR mess silver	Secretary 6GR Association, UK
5	7GR Mess kit and cross-belt	Major (Retd) Maniprasad Rai 7GR
6	Regimental magazines	PMC BGK Mess, Kathmandu.
7	2GR Badges of Rank	CSgt Kamal Nepali 2GR, BGP.
8	5GR Badges	Hon Lt Lalsing Gurung 5GR.
9	QGE regimental belt and buckle	Hon Major Judbahadur Gurung QGE
10	Sirmoor Club Conference table and chairs presented by RAN	Regimental Associations Nepal
11	Books written by Lt Col JP Cross	Greenhill printers.
12	15 x Books "The Throne of Stone" written by Lt Col JP Cross with income going to the museum.	and signed and put up for sale Lt Col JP Cross OBE 7GR
13	Gurkha Independent Parachute Company uniform jacket worn while he was 2ic, 10 GR buttons and shoulder badges.	Major Narendrakumar Rai 10GR
14	Original print 5 ft 3 in x 3 ft 9 in of painting "Seize of Delhi 1857" Sirmoor Club (2 nd Gurkha Rifles)	
15	Print of painting 2ft 8 in x 1 ft 6 in by Katie Quentin "Parade at the Sirmoor Durbar 2004" Sirmoor Club (2 nd Gurkha Rifles)	
16	Books "Biteka Belibistar" and "Anubhaw"	Major (GCO) Keshav Tamang MBE SLJ 10 GR
17	Book "Red Pompons", a history of 8 th Gorkha Rifles	Sub Maj Damarbahadur Thapa 7/ 8GR
18	QGE Corner flags x 2, QGE flag x 1	Hon Capt Mohan Kumar Gurung QGE
19	CDs of short Word War Two documentary films from UK	Captain (QGO) Lalbahadur Rana 2GR
20	GCSPF uniform with Gurkha hat, beret and belt	GCSPF Singapore
21	Map, photo and inner dress used in the Falklands War 1982	Hon Maj Deoman Limbu MBE 7GR
22	L&S bottle with rum in it and some military items of interest.	Capt Haraksing Thapa 7GR
23	CD with regimental march especially designed for the first floor gallery Guy Wilson	
24	KHUKRI magazines x 4.	Maj Wylie-Carrick, Sirmoor Club





CONSTRUCTION AND GALLERIES PROGRESS.

Ground Floor.

- Additional Rs One Lakh donor marble put up.
- "Seize of Delhi" print unveiled by FM Sir John Chapple.
- WW2 section layout rearranged.

First Floor.

- Entry door renamed Gurkha Infantry (The Regiments).
- Buy a Brick Donor names re-engraved on new steel plates.
- Larger display space arranged for 2GR, 6GR, 7GR and 10GR.
- New RGR section set up.
- Indian Gorkha Regimental gallery expanded.
- Corner near entry door rearranged with HQBG, BGN and TDBG display boards.
- Regimental flags hung from ceiling in galleries.

Second Floor (Now complete).

- Entry door named Gurkha Specialists (The Corps and Singapore Police).
- Corporate donors re-engraved on steel plates.
- Displays rearranged in first part of gallery for QGE, QG Signals, QO GLR, GCSPF, Gurkha Parachute Company, Dog Company.
- Corner gallery created consists of TV for DVD shows, chairs and display boards for QARANC, WRVS, 28 AEC and GWS.
- Regimental flags hung from ceiling in galleries.

Top Floor Roof (Now complete)

- Large regimental flags put up.
- Large signboard of THE GURKHA MEMORIAL MUSEUM put up and can be seen from 150 metres away.

Landscaping.

Car park floors, statue base and cannon base complete. Life size Gurkha statue under construction to be completed by end of 2008. Back area clearing up and planting flower in progress.

Life Size Statue of a Gurkha Soldier.

The executive committee decided to contract the statue construction to Jaya Raj Bajracharya of Stone Carving in Kathmandu. He quoted Rs 5 Lakh which was for a statue made of Dharat (a strong metal), about 5 foot 6 inches tall and included cost of bringing it to Pokhara piece by piece and putting them together. It was also decided that the Gurkha soldier should be in WW2 jungle dress carrying an LMG and wearing a Gurkha hat (Chhatra topi) and 37 pattern webbing with khukri. He would not be carrying a pack on his back. At the base, a simple wording would be engraved on marble TO THE GURKHA SOLDIER with the badges of all the Gurkha regiments around it.

FUND RAISING

To date 48 retired officers, soldiers and widows from the Brigade have donated Rs One Lakh each. Some have donated in the name of their late parents. The couple's names





and photographs are displayed on marble at the entry corridor. In addition 133 members of the Brigade and civilian have donated £100 equivalent to Buy a Brick for the Museum while 12 associations have donated under Corporate Donors sums above Rs One Lakh each. Those who are interested to donate and have this one chance to have your names or your parents' names displayed permanently on marble, please contact the Manager, Captain Lalbahadur Rana on 061 541966 or email gmtmuseum@fewamail.com.np.

Still to do Second Floor.

Children corner with large photograph of Gurkha soldiers on parade where Gurkha hat and Kilmarnock will be on shelf and they can wear and take photographs. To create an atmosphere of military scene, a sand bag Sanger with large camouflage net (locally made) above will be made.

• Second Floor.

Old *Jhandiwala* flags to be made available to visitors to "send" messages.

- **Audio Equipment.** Need for each section giving a brief background. Still researching. Cannot obtain in Nepal.

- **Visual Slide Show.** On 2nd Floor. Box already made. Need a simple computer that could show CD slide shows continuously of regimental photographs.

- **All Floors.** Old weapons to be asked to the Nepal government.

STAFF

The museum staff are as follows:

Manager	-Captain (QGO) Lalbahadur Rana 2/2GR
Assistant Manager	-Hon Lt Thakur Rana QGE
Office staff	-3
Security guards	-2
Cleaner	-1
TOTAL	8

ENTRY TICKETS AND MUSEUM OPENING TIMES

From 16 Jul 08, entry ticket rates have been raised as follows:

Non-Nepali	Rs 150
SAARC member	Rs 80
Nepali	Rs 20
School children	Rs 10 (in organised groups under a teacher)
Camera	Rs 10
Video camera	Rs 50
Commercial group video camera	Rs 5,000
Car park for non-ticket holder	Rs 10 for car and Rs 5 for motor cycle.

Museum is now open 7 days a week from 8 am to 4.30 pm but closed in Dashain, Tihar and some public holidays. (Also see museum advertising at the back of this magazine)





THE QUEEN'S TRUNCHEON

Most of the unique aspects of Rifle Regiments date from the American and Peninsular Wars. The faster marching pace, doubling off parade, the rifle green as opposed to the scarlet uniform, and the practice of not carrying colours evolved because of the special role

of riflemen as skirmishers on the battlefield.

But it was 42 years after Waterloo that a Gurkha Regiment earned an honour unique amongst Rifle Regiments, and indeed the whole Army; The Queen's Truncheon.

In April 1857 striking proof of the Gurkha soldiers' loyalty occurred at the Musketry School at Ambala. Becoming aware of the mutinous feelings some Indian troops also attending the School and their aversion to the handling and biting off the ends of new cartridges, the Gurkhas demanded that these new cartridges might be served out to them in order to demonstrate their loyalty and disapproval of the attitude of the other soldiers.

Three days after the outbreak of the Indian Mutiny at Meerut on 11th May 1857, the Sirmoor Battalion' (later to become 2nd King Edward VII's Own Gurkha Rifles) marched out of its home barracks in Dehra Dun only four hours after the arrival of a

camel sowar (messenger) bringing the news. After considerable skirmishing and fighting at Bhola, Bulandshahr, Ghaziabad and Badli ke Serai, the Regiment reached Delhi on 8 June. Of great symbolic importance was the fact that the Sirmoor Battalion was the first native regiment to confront and open fire on the Mutineers.





Together with the Guides, the 60th Rifles (later to be 2nd Battalion The Royal Green Jackets and subsequently The Rifles) and Coke's (later the 13th Frontier Force Rifles (Coke's), the Sirmoor Battalion held the vital positions on the ridge overlooking Delhi. The main forward picket at Hindu Rao's house, the key to the British position, was held by the Sirmoor Battalion and was the main objective of the mutineers. It was under fire continuously for three months and eight days and the Gurkhas repulsed no less than twenty-six separate major attacks, carried out three attacks themselves, and suffered 327 casualties out of a total strength of 490, including eight out of nine British Officers. As a number of historians have commented—had Delhi not been recaptured, the whole future of the British Raj and indeed the Empire could have been placed in the balance.

In recognition of the Sirmoor Battalion's outstanding services, and the fact that it was the first "Native" unit to fight on the side of the British during the Mutiny, the Governor General in Council granted the Regiment the exceptional honour of carrying a special third colour. In 1858 the Sirmoor Rifle Regiment, which had formed a close and cordial relationship with the 60th Rifles which continues today with The Rifles, was permitted to commemorate its connection by conforming its dress to that of the 60th. Henceforth, too, their Sepoys would be known as "Rifleman"

As it was not appropriate for a rifle regiment to carry Colours, the decision was taken to lay up the Colours of the Sirmoor Rifle Regiment. But at the command of Her Majesty Queen Victoria a "Truncheon" was to be carried by the Regiment as a unique and special mark of recognition of outstanding devotion and gallantry at Delhi. The Truncheon was manufactured by Messrs, Hunt and Roskell of London after a design was furnished by the commanding officer, Colonel Charles Reid. The head of the Truncheon represents the figures of three Goorkhas, who were the chief look-out men stationed on the top of Hindoo Rao's house during the siege of Delhi. They are represented as standing over the Delhi Palace Gate, and supporting the Queen's Crown; the figures, the gate, and the staff of the truncheon, being made of bronze, and the Crown of frosted silver. Below the gateway are two crossed "Kookries", the national weapon of the Goorkhas; the staff, which is 5 ft. long, bears the inscription "Hindoo Rao's House, Delhi 1857". This truncheon, which cost about 100 pounds in those days, is made so that it can, if needful, be taken to pieces and carried in a haversack. It was presented to the Regiment by General Sir Hugh Rose, Commander-in-Chief in India (later Lord Strathniarn) on behalf of her Majesty, in the presence of 10,000 troops assembled at Lahore in the cold season of 1863.





In 1911 the 2nd King Edward's Own Goorkhas (The Sirmoor Rifles), with the Queen's Truncheon, was part of the Royal Guard of Honour at the Delhi Durbar. The Truncheon was accorded seniority over all Colours on parade.

The Truncheon was carried at the Coronation of Her Majesty Queen Elizabeth II, and two days later was, at her special request, taken to Buckingham Palace, where her Majesty inspected it closely. Her Majesty said she would be pleased if an inscribed band could be affixed, recording the carrying of the Truncheon at her Coronation. The band, subsequently placed at the head of the staff for this purpose, reads: "The Queen's Truncheon was carried in procession at Her Majesty's Coronation, 2nd June, 1953. Inscribed by order of Her Majesty Queen Elizabeth II".

The Truncheon, a symbol of the loyalty and courage of Gurkha soldiers, is accorded the same rights and privileges as a Colour. It is held in considerable reverence by the soldiers who see it as symbolic of the blood shed by their regiment nearly 200 years of service to the British Crown. New recruits swear their allegiance to The Queen and the Regiment by touching it, soldiers returning to Nepal on leave or retirement, pay their respects to the Truncheon before they depart. The Truncheon has been presented to the Monarch on five other occasions. On each occasion a silver inscribed band has been welded around the Truncheon to commemorate the event. On 24 February 1994, Her Majesty The Queen's viewed the Truncheon when she visited British Forces Belize, during the Regiment's third operational tour in Belize and final deployment before amalgamating with the 6th Queen Elizabeth's Own Gurkha Rifles on 1 July 1994 to form the 1st Battalion The Royal Gurkha Rifles.

As would be expected the drill for maneuvering the Queen's Truncheon on parade is unique, with the Truncheon Jemedar (the bearer of the Truncheon) and Escort traditionally marching on parade at a speed slightly faster than standard Rifle Regiment pace. The Truncheon always received a Royal Salute.

The Queen's Truncheon was placed, as a "Living Colour" into the care of the National Army Museum in the Indian Army Memorial Room at the Royal Military Academy Sandhurst on 24 June 1994, where it remained until 28 April 1997. The Truncheon was taken back into service as the Regimental Colour of the present Regiment, the Royal Gurkha Rifles.

With the Queen's Truncheon also goes the last remaining Indian Army rank in the British Army, that of the Truncheon Jemedar.





OBITUARY

LATE HAVILDAR BHANBHAGTA GURUNG VC.

Bhanbhagta Gurung won his Victoria Cross in Burma in 1945. His action was the culmination of a series of extraordinarily gallant actions by this soldier of quite exceptional courage, yet it occurred while he was in disgrace, albeit unjustly.

Born in the hill village of Phalbu in Western Nepal, he was recruited into the old Indian Army soon after the outbreak of the Second World War, and joined 3rd Battalion 2nd King Edward V11's Own Gurkha Rifles (The Sirmoor Rifles). He first saw action with Brigadier



Orde Wingate's 'Chindit' expedition into Upper Burma in March 1943, having received early promotion to Lance Naik (Lance Corporal). He was with Wingate's Number 4 Column, which had crossed the Chindwin on 15 February and was on its deep penetration march behind the Japanese lines, when it was ambushed by elements of the very experienced Japanese 33rd Division and forced to disperse. Wingate had ordered his columns to do this when faced with overwhelming numerical superiority, but Bhanbhagta survived that day to be given further promotion to Naik (Corporal) later.

By the end of the first Chindit operation Bhanbhagta's battalion had been very badly damaged and needed months of training and refitting. It was not until March 1944 that it was sent to Arakan to take part in the 25th Indian Division's thrust down the Mayu Range, running parallel with the coast and leading to the strategically important port and airfield of Akyab. In the costly but ultimately successful fighting for what was known as the 'Tiger' feature, in September 1944, he did well while commanding a rifle section but then his luck changed and he was faced with disgrace. His platoon commander, a Gurkha officer, sent him with his section to establish a picquet position on what turned out to be the wrong hill. The battalion commander was furious when reports reached him that the correct hill had not been secured as he intended. Bhanbhagta was charged with neglect of duty but all he would say in his defence was that he was certain he was on the hill he had been ordered to hold. His platoon commander remained silent and Bhanbhagta was reduced to the ranks and transferred to another company under a cloud.

In a subsequent action when a fellow rifleman was badly wounded. Bhanbhagta demonstrated his physical as well as moral strength by carrying him on his back for three miles over difficult jungle tracks to the company base.

The action for which he was awarded the VC followed 25th Indian Division's landing at Ru ywa on the Burma coast, an operation designed to divert Japanese attention away from





General Sir William Slim's main offensive towards Mandalay in February 1945. 25th Division's advance to the Irrawaddy through the An pass was fiercely opposed by part of the Japanese 54th Division holding the hills feature, including one code named 'Snowdon East', near the village of Tamandu. 3rd/2nd Gurkha Rifles fought for two days to take and hold Snowdon but might have been denied their victory had it not been for Bhanbhagta.

The battalion's supporting artillery had to cease firing when the leading rifle platoons began to incur casualties from supporting rounds falling short, due to crest clearance difficulties. The section of which Bhanbhagta was a member was then pinned down by machinegun fire and a Japanese sniper in a tree added to the menace. Unable to get the required rifle elevation from the prone position, Bhanbhagta stood up and shot the sniper dead. After that the section advance until, 20 yards from the objective, it was held up again. Without waiting for orders and shouting for the rest of the section to follow, Bhanbhagta charged towards the top of the hill. He threw two grenades into an enemy fox hole directly above him, killing the two occupants before rushing to the next enemy trench which he cleared with the bayonet.

Savage hand to hand fighting then ensued with no quarter given. Bhanbhagta, cleared two more fox holes single handed. For a fifth time he went forward alone and leapt on the roof of a bunker to throw two phosphorous grenades into the slit. Two burning and partially blinded Japanese ran out and he killed them both with his kukri. Crawling into it, he crushed the surviving machine gunner's head with a rock, as there was insufficient room to swing his kukri. He then organised a Bren light machinegun to fire from the bunker and his command of this small party was largely responsible for repelling the subsequent enemy counter attack.

Snowdon East was taken but Bhanbhagta's company lost half its men dead and wounded; 66 Japanese dead were picked up. Bhanbhagta was awarded the VC and the 2nd Gurkha Rifles the battle honour 'Tamandu' to add to their many others.

After the war, Bhanbhagta's company commander tried to persuade him to stay in the regiment but having only a frail mother and young wife to care for his land and stock at Phalbu, he decided that he must return home. He left the Army in 1946, having regained the rank of Naik but within a few years his regiment honoured him with the title of Havildar (Sergeant). The King of Nepal honoured him with the Medal of the Order of the Star of Nepal. His three sons followed him into the 2nd Gurkha Rifles and are now pensioners.

Bhanbhagta. Gurung, VC was a smiling, hard swearing, gallant and indomitable peasant soldier who, in a battalion of very brave men, was one of the bravest. The young wife for whom he left the service to rejoin died before him. He is survived by his three sons and a daughter.

Rifleman Bhanbhagta Gurung, VC, 2nd King Edward W's Own Gurkha Rifles,

Died on 01 March 2008 aged 86. He was born in September 1921.

The Times





Gurkha Memorial Museum

Gurkha Motto- "It is better to die than to be a coward"

They won Victoria Cross medals, the highest award for showing exceptional bravery in the field. Their Photographs and citations, and replica of the Victoria Cross medal are displayed at the museum. There are galleries displaying the uniform, badges, swords and photographs of British Gurkhas Infantry Regiments, the Gurkhas Contingent of the Singapore Police Force, and the supporting units such as the Engineers, Signals and Transport Regiments. In addition, old regimental magazines and campaign medals displayed plus a small number of Royal Nepalese Army and India Army items.

Entrance fees are Rs. 150 for Non-Nepali, Rs. 80 for SAARC member and Rs. 20 for Nepali. The museum is open 7 days a week from 8:00 at till 4:30 pm except on public holidays.



Contact

Gurkha Memorial Museum

C/o British Gurkhas Pokhara, BFPO 4 or Pokhara P. O. Box; 50

Tel\Fax: 061-541966, E-mail: gmtmuseum@fewamail.com.np





GURKHA SOLDIERS

C/Sgt. Ckerk. PREM KUMAR LEPCHA,
Ex. 1/2nd K.E.O. Gurkha Rifles.

We the Gurkha Soldiers,
proud to be known
as the "Bravest of the brave".
On the battle fields,
our forefathers,
fought every war gallantly.
Our fathers too,
fought in the war bravely with pride,
and earned
exceptional honours and awards.
We the third generation too,
facing our enemies,
with the same spirit
and with the paramount bravery.

Bravery of we the Gurkhas,
is a divine boon by birth,
known by the nations
of every corners of the world.
Cowardice and retreat?
Gurkha soldiers never know.
Greatest pleasure of the Gurkha soldiers,
is to play with the "DEATH".
Yet –
Gurkha soldiers lover amity,
but hate enmity.
Gurkha soldiers respect humanity,
but hate inhumanity.

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मंगलमय शुभकामना व्यक्त गर्दछु ।**

गर्ज बहादुर गुरुङ्ग
अध्यक्ष



ब्रिटिश गोर्खा ल्याण्ड एण्ड हाउजिङ प्रा.लि

महाराजगन्ज, चक्रपथ, काठमाडौं
फोन नं. ४३७१९४४, ९८५१०३४३४२

-घर जग्गा खरिद एवं विक्रि वितरण, -व्यवस्थित जग्गा Plotting गरि विक्रि वितरण
-आधुनिक घर निर्माण रेसिडेन्सल, कोलोनी एवं, -अपार्टमेन्ट घरहरू बनाई विक्रि वितरण
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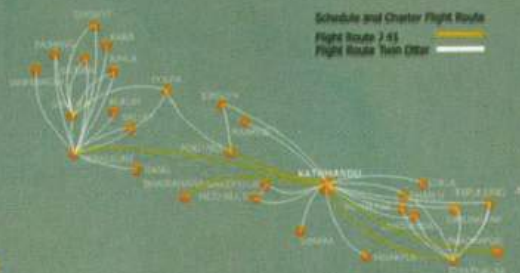
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